

## 2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

### District of Columbia (Including Charter Schools) Middle School Survey Survey Summary

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The 2021 Youth Risk Behavior Survey (YRBS) was completed by 11,783 students in 70 public and charter middle schools in District of Columbia (Including Charter Schools) during the fall of 2021. The school response rate was 100%, the student response rate was 76%, and the overall response rate was 76%. The results are representative of all students in grades 6-8. The weighted demographic characteristics of the sample are as follows:

Female	51.5%	6th grade	33.6%	Asian*	1.2%
Male	48.5%	7th grade	33.4%	Black*	66.3%
		8th grade	32.8%	Hispanic/Latino	18.1%
		Other	0.2%	Native American*	0.5%
				White*	9.8%
				All other races*	0.2%
				Multiple races*	4.0%

Students completed a self-administered, anonymous, 58-item questionnaire. Survey procedures were designed to protect the privacy of students by allowing for anonymous and voluntary participation. Local parental permission procedures were followed before survey administration.

The YRBS is one component of the Youth Risk Behavior Surveillance System (YRBSS) developed by the Centers for Disease Control and Prevention in collaboration with representatives from state and local departments of education and health, other federal agencies, and national education and health organizations. The Youth Risk Behavior Surveillance System was designed to focus the nation on behaviors among youth related to the leading causes of mortality and morbidity among both youth and adults and to assess how these risk behaviors change over time. The Youth Risk Behavior Surveillance System measures behaviors that fall into six categories:

1. Behaviors that contribute to unintentional injuries and violence;
2. Sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases, including HIV infection;
3. Alcohol and other drug use;
4. Tobacco use;
5. Unhealthy dietary behaviors; and
6. Inadequate physical activity.

The YRBS also measures asthma and self-reported height and weight to allow calculation of body mass index for assessment of overweight and obesity. More information about the Youth Risk Behavior Surveillance System can be obtained from <http://www.cdc.gov/yrbss>.

\*Non-Hispanic.