

# 2018-2019 SCHOOL YEAR SCHOOL HEALTH PROFILE FORM

#### **Healthy Schools Act of 2010**

Under Section 602 of the *Healthy Schools Act of 2010* (L18-0209, DC Official Code § 38–826.02), each public school and public charter school within the District of Columbia is required to:

- 1.) **Complete and submit** the online School Health Profile (SHP) form to the Office of the State Superintendent of Education (OSSE).
- 2.) Make the completed profile available to the public by posting it online, if the school has a website, and making the information available to parents in the school's main office.

Any public school or public charter school that fails to complete and submit its SHP form to OSSE **on or before Feb. 15** of each year will be out of compliance with Section 602 of the Healthy Schools Act of 2010. The School Health Profile is used by OSSE to inform the School Report Card. Non-compliant schools will not include data from their School Health Profile on their School Report Card.

#### SCHOOL HEALTH PROFILE FORM

#### The SHP form must be submitted through https://octo.quickbase.com

- When completing the online form, please do not use commas, quotes, or press "enter" in text boxes.
- Due to skip patterns in the online form, you may not have to answer all the questions. For example, if your school does not have a website, you will move automatically to question 7.

#### Need assistance with the online form?

Call (202) 719-6500 | Email OSSE.callcenter@dc.gov | See FAQs in this doc

#### **Instructions**

The online SHP form must be completed by each school. For example, if your local education agency (LEA) includes five campuses, each campus must complete an SHP.

OSSE recommends that one person at each school be responsible for disseminating the SHP form to school staff members (Health Teacher, Nurse, Food Services Director, etc.) and then collecting the data and submitting the form online.

Complete all sections of the form with responses for the 2018-2019 school year.

For definitions and clarifications, or more information on how to complete the online SHP form, please see our <u>Frequently Asked Questions (FAQs)</u> at the end of this document or in the green menu bar of the online application.

# Submission Deadline

The online form must be completed **on or before Feb. 15, 2019**. OSSE will post each completed SHP on the OSSE website within 30 days of receipt for public review. If your school has not completed the form by Feb. 15, your school will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*. OSSE also reports compliance with the SHP to the Mayor, the DC Council, and the Healthy Youth and Schools Commission.

Once submitted, OSSE will also e-mail a PDF copy of the completed SHP to the contact you provide us in Section 1 of this form.

#### **Section 1: School Profile**

. Type of School*				
0	Public School	Public Char	rter School	Private School
2. LEA ID: 109	<b>3. School Code</b> : 153	4. Ward:	6	
5. LEA Name* Ce	esar Chavez			
5a. School Name* Ce	esar Chavez for Pub	lic Policy-Capito	ol Hill PCS	
6. Grades Served. Sele	ect all that apply*			
Pre-K-3 and	Pre-K4	7	11	
К	4	8	12	
1	5	9	Adult	
2	6	10	Other	
7. Contact Name*	Sarah Lehar			
7a. Contact E-mail*	sarah.lehar@chavezschools.org			
8. Contact Job Title*	Principal			

OSSE will contact this person if there are questions about the SHP. This person will automatically be added as a user on Quickbase for the 2018-19 HSA SHP and will receive a PDF copy of the completed HSA SHP via e-mail for posting per section 602(c) of the Healthy Schools Act of 2010.

#### **Section 2: Health Services**

#### Recommended point of contact for this section: School Health Professional or School Mental Health Professional

<b>Important</b>	<b>Definitions</b>	for this	Section:
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Importai	nt Definitions for this	Section:					
Nursing:	Nursing: Registered nurses (RN) or licensed practical nurses (LPN).						
	alth professional: Nur to related service pro	_			or anyone who can supp ion.	ort a nur	se; it does
<u>Undesigr</u> prescript		<u>ector</u> : An epinep	ohrine a	auto-injector th	at is not assigned to a s	pecific st	udent by
9. Do yo	u have nursing and/o	r allied health p	orofess	ional coverage	in your school?*		
(	Yes			$\bigcirc$	No		
9a. Pleas	se state the coverage	of nursing and/	or allie	ed health profe	ssional coverage in you	ır school:	*
Nurse		# full time (0	) – 10)	0 # p	art time $(0-10)$ 3		
Allied he	alth professional	# full time (0	) – 10)	0 # p	art time (0 – 10) 0		
9b. For t	he coverage you indic	cated in 10a, ple	ease sta	ate the funding	source:*		
Nurse		Yes	No	Allied health	professional	Yes	No
Self-fund	ded	$\bigcirc$	$\odot$	Self-funded		$\bigcirc$	$\odot$
Provided	d by the Department of	Health 🔘	$\odot$	Provided by th	e Department of Health	$\bigcirc$	$\odot$
Other C	CSS	$\odot$	$\bigcirc$	Other		$\bigcirc$	$\odot$
<b>10.</b> What	t type(s) of health ser	vices does you	r schoo	l offer to stude	nts? Select all that app	oly	
•	Access and/or referr	als to medical p	orovide	rs through a sys	stematic process		
<b>/</b>	Prevention materials	s and resources	for chr	ronic diseases (d	diabetes, obesity, asthm	na, etc.)	
<b>/</b>	Screening, testing, a	nd/or treatmen	it for ch	nronic diseases	(diabetes, obesity, asth	ma, etc.)	
<b>~</b>	Prevention materials a	nd resources for	sexually	y transmitted dis	eases (HIV/AIDS, gonorrh	ea, chlamy	dia, etc.)
	Screening, testing, and	l/or treatment fo	r sexual	lly transmitted di	seases (HIV/AIDS, gonorri	nea, chlam	ydia, etc.)
	Other Specif	v:					

•	e specify their name be		•	•		).
Name	of agency or organizatio	on: Hillcres	t Children & Family	Cente		
O No cur	rent partnership(s)					
11. Does your s	school have at least two	unexpired (	undesignated epinephi	rine auto	o-injectors? *	
$\circ$	Yes	ledot	No			
to administer b	school have at least twooth an undesignated ar ase of an anaphylactic e	nd a designa			=	
$\bigcirc$	Yes	$\odot$	No			
•	ovide the names of AON e certified, if applicable	=	ation of Medication) co	ertified p	personnel at your sch	ool and
11bw. Name: (	Carrie Hoestermann	111	owi. Date of Certification	on: 9/2	3/2016	
11bx. Name:		111	oxi. Date of Certification	n:		
11by. Name:		111	oyi. Date of Certification	n:		
11bz. Name:		111	ozi. Date of Certificatio	n:		
12. Does your s	school have an Automat	ted External	Defibrillator (AED)?			
$\odot$	Yes	O No	)			
13. How many your school?*	of the following clinical	staff are cui	rently employed, wor	k as a co	ntractor, or voluntee	r <b>at</b>
Licensed Indepe	endent Clinical Social W	orker (LICSW	) # full time (0 – 10)	1	#part time (0 – 10)	0
Licensed Profes	sional Counselor (LPC)		# full time (0 – 10)	1	#part time (0 – 10)	0
Psychologist			# full time (0 – 10)	1	#part time (0 – 10)	0
Psychiatrist			# full time (0 – 10)	0	#part time (0 – 10)	0
14. Please prov	ide the contact informa	ation of your	school mental health	point of	contact:	
14a. Contact Na	ame* Carrie Hoeste	ermann				
14b. Contact E-mail* carrie.hoestermann@chavezschools.org						

-		mental health ser ugh a 504 Plan or		udents in the general education setting (students that
	Yes	$\bigcirc$	No	
students,	•	•		or organizations to provide mental health services to Community Based Organizations, Department of
O Na	ame of agency or	organization: Hil	Icrest Ch	nildren & Family Center
$\tilde{\bigcirc}$	o current partner			
17. Paren	t engagement in	schools is defined	l as paren	ts and school staff working together to support and
impr	ove the learning,	development, an	d health o	f children and adolescents. How is your school
facili	tating parent eng	gagement?		
РТ	го			
Пр	ГА			
		vel parent meeti	ngs	
 18. Does y	our school offer	any health and w	ellness ed	ucation for parents? Select all that apply
	Health risks rel	ated education (e.	g. managi	ng student asthma, blood pressure screenings)
	Mental health	education (e.g. str	ess manag	gement, warning signs of youth suicide)
	Physical health	education (e.g. nu	itrition or	cooking classes, obesity prevention)
	Personal health		ow to talk	ga, parent-child exercise classes) to your child about appropriate touch, puberty, healthy
	Other:	Specify:		
	type of staff well imate?	ness initiatives do	es your so	chool offer that contribute to a positive school
<b>'</b>	Opportunities	for self-care during	the scho	ol day (wellness rooms, lactation rooms, welcoming
	break rooms, e	tc.)		
	Staff wellness i	etreats for positiv	e self-care	skills like (yoga, meditation, stress management, etc.)
	Trauma inform	ed self-care trainir	ng (e.g. Vio	carious trauma training)
	Other	Specify		

#### Section 3: Health Education Instruction

## Recommended point of contact for this section: Health Education Teacher, Physical Education teacher

#### **Important Definitions for this Section:**

<u>Health Education</u>: Health education is defined by the Centers for Disease Control and Prevention as education that consists of any combination of planned learning experiences that provide the opportunity to acquire information and the skills students need to make quality health decisions.

<u>Health Education Minutes</u>: This number should represent the average number of minutes per week over the course of the school year. If a student only receives <u>health education</u> for one semester or one quarter, please average the total weekly minutes for the whole school year. Do **NOT** include physical education instruction time in this figure. This average should only include time devoted exclusively to health education instruction that utilizes a health-specific curriculum. For this question, please indicate an average between 0 and 125 minutes of health education that your school provides per grade for every week of the school year. The Healthy Schools Act requires an average of 75 minutes of health education per week for grades K - 8 (DC Official Code § 38–824.02).

<u>Cardiopulmonary Resuscitation Training</u>: Public and public charter schools that serve grades 9 through 12 shall include cardiopulmonary resuscitation (CPR) instruction in at least one health class necessary for graduation. The instruction shall be nationally recognized and based on the most current evidence-based emergency cardiovascular care guidelines for resuscitation, include appropriate use of an automated external defibrillator (AED), and incorporate hands-on practice (DC Official Code § 38–824.02).

**20.** How many teachers instruct *only* health education in your school?\* (0-10) **1** 

Note: Please make sure teachers reported in questions 21, 22, ad 23 are not counted for more than one time.

20a. Name of Health Education Instructor 1 20ai. Health Education Instructor 1 E-mail

Cedric Knight cedric.knight@chavezschools.org

20b. Name of Health Education Instructor 2 20bi. Health Education Instructor 2 E-mail

**21.** How many teachers instruct *only* physical education in you school?\* (0-10)

21a. Name of Physical Education Instructor 1 21ai. Physical Education Instructor 1 E-mail

James Pope james.pope@chavezschools.org

21b. Name of Physical Education Instructor 2 21bi. Physical Education Instructor 2 E-mail

22. How many teachers instruct bo	<i>th</i> nealth <u>and</u> phys	ical education in your school?** (0 – 10)
22a. Name of Dual Instructor 1		22ai. Dual Instructor 1 E-mail
22b. Name of Dual Instructor 2		22bi. Dual Instructor 2 E-mail
		or organizations to satisfy the health education d other drugs, sexual health, oral health, etc.), please
Name of agency or organiza	tion:	
No current partnership(s)		
24. For each grade span in your sch regular instructional school week tl Grades: Pre-K3 and Pre-K4	· •	e the average number of minutes <u>per week</u> during the e <u>health education</u> instruction:*^
Grades: K – 5	Minutes/Week:	
Grades: 6 – 8	Minutes/Week:	
Grades: 9 – 12	•	90
25. Does your school include CPR in	struction to studer	nts in grade 9 through 12 prior to graduation?
Yes	No	
26. Do you require high school stud	lents to take 0.5 un	its in Health Education prior to graduation?
Yes	O No	

### 27 For the health topics listed, please specify which health education curriculum (or curricula) your school uses for instruction: *Select all that apply*

Note: Please state the curriculum's full name. If teachers in your school create their own curricula/lesson plans, please include the resources, standards, and/or websites used to create the curriculum.

Grades: K – 5
Mental and Emotional Health Curriculum:  None Other:
Sexual and Personal Health Curriculum:  BART Be Proud! Be Responsible! FLASH Making Proud Choices Other: None
Nutrition Curriculum:  CATCH Healthy Kids Eat Well and Keep Moving Life Series Other: None
Alcohol, Tobacco and Other Drugs Curriculum:  Across Ages Keepin' It Real PALS Other: None
Grades: 6 - 8
Mental and Emotional Health Curriculum:  None Other:
Sexual and Personal Health Curriculum:  BART Be Proud! Be Responsible! FLASH Making Proud Choices Other: None

Nutri	tion Curriculum:
0	CATCH
$\circ$	CATCH Healthy Kids Eat Well and Keep Moving Life Series Other:
Ŏ	Fat Well and Keen Moving
ŏ	Life Series
$\sim$	Other
$\simeq$	Other.
O	None
Alaak	and Tabanan and Other During Commissions
_	nol, Tobacco and Other Drugs Curriculum:
_	Across Ages
_	Keepin' It Real
	PALS
0	Other:
0	None
Grades	: 9- 12
Ment	tal and Emotional Health Curriculum:
Ō	None
$\odot$	Other: Dangers of the Mind
	al and Personal Health Curriculum:
Q	BART Be Proud! Be Responsible! FLASH Making Proud Choices Other: Making Proud Choices
$\circ$	Be Proud! Be Responsible!
0	FLASH
$\odot$	Making Proud Choices
Ŏ	Other: Making Proud Choices
Ŏ	None
Nutri	tion Curriculum:
	CATCH
Ā	
Š	Healthy Kids
$\simeq$	Eat Well and Keep Moving
$\sim$	Life Series
$\mathcal{O}$	Other: Healthy Kids
$\circ$	None
Alcoh	nol, Tobacco and Other Drugs Curriculum:
O	Across Ages
$\circ$	Keepin' It Real
0	PALS
0	Other:
Ā	None

#### **Section 4: Physical Education Instruction**

#### Recommended point of contact for this section: Physical Education Teacher

#### **Important Definitions for this Section:**

<u>Physical Education:</u> Physical education (PE) provides students with a structured, sequential, standards-based program of instruction designed to: develop knowledge on motor skills, health-related benefits of active living, and physical activity; increase self-esteem and social responsibility; build a foundation of practices that promote and facilitate the attainment of movement skills, fitness, and physical activities that can be maintained throughout life.

<u>Physical Education Minutes</u> The Healthy Schools Act sets requirements for physical education and physical activity by grade band. For students in grades K - 5, schools shall provide an average of 90 minutes of physical education per week, with a goal to provide an average of 150 minutes per week. For students in grades 6 - 8, schools shall provide an average of 135 minutes of physical education per week, with a goal to provide an average of 225 minutes per week. 50 percent of physical education time shall be spent-on-moderate to vigorous physical activity (movement resulting in substantially increased heart rate and breathing). (DC Official Code § 38–824.02).

<u>Physical Activity:</u> Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a resting level. Physical activity can be repetitive, structured, and planned movement; leisurely; sports-focused; work-related; or transportation-related. This may include walking, dancing, and gardening. For students in grades K – 8, it shall be the goal to provide 60 minutes of physical activity per day (DC Official Code § 38–824.01).

<u>Moderate-to-Vigorous Physical Activity</u>: Any bodily movement resulting in a substantially increased heart rate and breathing.

Moderate-to-Vigorous Physical Activity Minutes: This number should include the time that students are participating in moderate-to-vigorous physical activity. It should **NOT** include time devoted to administrative tasks, transitions, or breaks. The number reported in question 30 cannot exceed the number in question 28. For students in grades K – 8, 50 percent of physical education time shall be spent on moderate-to-vigorous physical activity (DC Official Code § 38–824.02). For students in grades Pre-K3 and Pre-K4, schools shall provide an average of 45 minutes of moderate-to-vigorous physical activity per day, with a goal to provide 90 minutes of moderate-to-vigorous physical activity per day. (DC Official Code § 38–824.01)\_For this question, please indicate a daily average between 0 and 135 for grades Pre-K3 and Pre-K4, a weekly average between 0 and 225 for grades K – 5, and a weekly average between 0 and 300 for grades 6 – 8.

28. For each grade span in your school, please indicate the average number of minutes <u>per week</u> during the regular instructional school week that a student receives <u>physical education</u> instruction. This does NOT include recess or after school activities.\*^

Grades: K – 5 Minutes/Week:

Grades: 6 – 8 Minutes/Week:

Grades: 9 – 12 Minutes/Week: 90

Note: Please state the curriculun please include the resources, sta	•	•	e their own curricula/lesson plans, curriculum.
Grades: K – 5	Curriculum:		
Grades: 6 – 8	Curriculum:		
Grades: 9 – 12	Curriculum: Chavez cr	eated curriculu	m
30. For each grade span in your regular instructional school wee	ek devoted to <u>actual mode</u>	erate-to-vigorous	
Grades: K – 5	Minutes/Week:		
Grades: 6 – 8	Minutes/Week:		
Grade: 9 – 12	Minutes/Week: 30		
31. For each grade band in your to-vigorous <u>physical activity</u> offo	· •	~	er of minutes <u>per day</u> of moderate-
Grades Pre-K3 and Pre-K	4 Minutes/Day:		
32. How many minutes per wee	k do students get recess o	on average?*	
Grades: K – 5	Minutes/Week:		
Grades: 6 – 8	Minutes/Week:		
Grades: 9 – 12	Minutes/Week: 0		
33. What strategies does your s  activity? Select all that app		de of regular scho	ool hours, to promote <u>physical</u>
Active Recess	<b>✓</b> Movement in th	e Classroom	Walk to School
After-School Activities	<b>✓</b> Athletic Progran	ns 🗸	Safe Routes to School
Bike to School	Gardening		Dancing or Dance Programs
Before-School Activiti	es Reward for stud	ent achievement o	or good behavior
Playground/field on so	chool campus	Playground/f	ield off of school campus
Shared Use Agreement	with organizations that provi	de physical activity	outside of the normal school day
Other: Specify:			

29. Which physical education curriculum (or curricula) is your school currently using for instruction?

#### **Section 5: School Nutrition and Local Wellness Policy**

Recommended points of contact for this section: Food Services Director or Manager, Principal, Chair of School Wellness Council/Committee

34. Is cold, filtered water available to students during	g meal times?*		
Yes No			
35. How many vending machines are available to students	dents?* (0 – 10) C		
35a. What hours are student vending machines availa	able? <i>Select all tha</i>	nt apply	
Before and/or after school  During school hours  During school hours, excluding meal times	Yes	No O	
During school hours, only at meal times  35b. What items are sold from student vending mach	nines? Select all the	at apply	
100% fruit and/or vegetable juice	Regular ch	ips, pretzels and snack mixes	
Baked chips, lower calorie and/or fat snacks	Sodas and,	or fruit drinks	
Fresh fruits and/or non-fried vegetables		in products	
Milk and dairy products  Other: Specify:	Water		

peration? <i>Sele</i>	ect all that apply*	
Yes O	No O	N/A  O  O
		and snack mixes
Who	ole grain products	ored drinks
	Yes  O  Regular  Soda  Who	Yes No O O O O O O O O O O O O O O O O O O O

#### **Section 6: Distributing Information**

Recommended point of contact for this section: Principal, Business Manager, Director of Operations

#### **Important Definitions for this Section:**

<u>Sustainable Agriculture</u>: An integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of nonrenewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.

<u>Vegetarian Food Option</u>: Food or beverages that are: (a) free of meat, poultry, and seafood; and/or (b) utilize a meat alternative recognized by the United States Department of Agriculture as a meat alternate free of meat, poultry, and seafood for the purposes of the National School Lunch Program. Schools shall have a vegetarian food optional available for students as a main course for breakfasts and lunches. Schools shall clearly label vegetarian food options and rotate the main course vegetarian food option to avoid repetition (DC Official Code § 38–822.01).

38. Does your school have a wellness committee, school health council, or team?*				
Yes	No			
39. Please provide the contact information council, or team.	n of two members of the wellness committee, school health			
<b>39a. Contact Name*</b> Marjean Sipe	39ai. Contact E-mail* marjean.sipe@chavezschools.org			
39b. Contact Name* Alisha Murdock	39bi. Contact E-mail* alisha.murdock@chavezschools.org			
40. How and to whom are following items  LEA's Local Wellness Policy	distributed at your school? Select all that apply			
School Website	School Main Office			
School Cafeteria or Eating Areas	To parent/teacher organization			
To foodservice staff	✓ To administrators			
✓ To students	This information is not available for distribution			
Other:	School does not have a Local Wellness Policy			

School Menu for Breakfast and Lunch	
School Website	School Main Office
School Cafeteria or Eating Areas	<b>✓</b> To parent/teacher organization
To foodservice staff	<b>✓</b> To administrators
To students	This information is not available for distribution
Other:	School does not offer school menu
Nutritional Content of Each Menu Item	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
▼ To foodservice staff	To administrators
To students	This information is not available for distribution
Other:	School does not have nutritional content of menu items
Ingredients of Each Menu Item	
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
✓ To foodservice staff	To administrators
To students	This information is not available for distribution
Other:	School does not have the ingredients of menu items
Information on where fruits and vegetables serv sustainable agriculture^ practices	ved in school are grown and whether growers are engaged in
School Website	School Main Office
School Cafeteria or Eating Areas	To parent/teacher organization
<b>✓</b> To foodservice staff	To administrators
To students	This information is not available for distribution
Other:	School does not have this information

41. Are students	and parents inforn	ned about the availability	y of vegetarian food options at your school?*
Yes	O No	Vegetaria	an food options are not available
			ents at your school? Select all that apply
	Options are available Options Are Rotated	e at Breakfast I Daily to Avoid Repetitior	Veg Food Options are available at Lunch  Veg Food Options Are Clearly Labeled or Identified
	Options Are Not Ava		Other:
	and parents inforn , etc., at your schoo	· · · · · · · · · · · · · · · · · · ·	y of milk alternatives, such as soy milk, rice milk,
Yes	O No	Milk alternatives a	are not available

#### **Section 7: Environment**

#### Recommended point of contact for this section: Principal, Lead Science Teacher

Data from the School Health Profile will be used to complete the Environmental Literacy Indicator Tool, a biennial survey used to determine progress on environmental literacy goals in the Chesapeake Bay Watershed Agreement. In the future, compiled results will be available on the chesapeakebayprogress.com website.

#### **Important Definitions for this Section:**

<u>School Gardens:</u> outdoor spaces that engage students through hands-on lessons that enhance learning.

Meaningful Watershed Educational Experience (MWEE's): Provide students with a better understanding of the natural environment by connecting classroom learning with outdoor field investigations. MWEE's encourage students to define an environmental issue, investigate the issue by collecting data through outdoor field experiences, take action to address the environmental issue at the personal or societal level, and then analyze and evaluate the results of the investigation to communicate findings to an audience. More information about MWEE's can be found at

http://www.chesapeakebay.net/publications/title/meaningful watershed educational experience.

43. Does your school cur	rently have a School Ga	rden?*^		
Yes	•	No		
43a. Name of Garden Co	ntact*			
43b. Garden Contact E-m	nail*			
44. Did any of your class	es or student groups att	end a farm	field trip this year?*	
Yes	$\odot$	No		
44a. How many students attended a farm field trip?				
44b. What farm(s) did th	e students visit? Select	all that app	ly	
Alice Ferguson Four	ndation's Hard Bargain F	arm	Common Good City Farm	
Arcadia Center for S	Sustainable Food and Ag	riculture	Red Wiggler Farm	
Calleva Farm			Rocklands Farm	
City Blossoms Com	munity Green Spaces		Washington Youth Garden	
Other:	Specify:			

45. Does your	school offer	an Environmenta	al Science Class	s?*	
$\bigcirc$	Yes	$\odot$	No		
45a. How mai	ny students ai	e enrolled in thi	s course in the	2017-18 school ye	ar?
46. Name of L	ead Science T	eacher/Environr	nental Literacy	/ Instructor*	
46a. Lead Scie	ence Teacher/	Environmental L	iteracy Instruc	tor E-mail*	
indicate		which the topic	•	•	ur school. For each selection, curricula) that your school is
		-	-	your school create ed to create the cu	their own curricula/lesson plans, rriculum.
Grades: K – 5					
					No curriculum is used
Air (quality, cli Course: Curriculum:					
Water (storm Course: Curriculum:	water, rivers, a	quatic wildlife)			
Land (plants, s Course: Curriculum:	oil, urban planr	ning, terrestrial wil	dlife)		
Resource Cons Course: Curriculum:	servation (energ	gy, waste, recycling	3)		
Health (nutriti Course: Curriculum:	on, gardens, fo	od)			
Other: ( Course:		)			

Curriculum:

#### **Grades:** 6 – 8

	No curriculum is used
Air (quality, climate change) Course: Curriculum:	
Water (storm water, rivers, aquatic wildlife) Course: Curriculum:	
Land (plants, soil, urban planning, terrestrial wildlife) Course: Curriculum:	
Resource Conservation (energy, waste, recycling) Course: Curriculum:	
Health (nutrition, gardens, food) Course: Curriculum:	
Other: ( ) Course: Curriculum:	
Grades: 9 – 12	
Air (quality, climate change) Course: Curriculum:	No curriculum is used
Water (storm water, rivers, aquatic wildlife) Course: Curriculum:	
Land (plants, soil, urban planning, terrestrial wildlife) Course: Curriculum:	
Resource Conservation (energy, waste, recycling) Course: Curriculum:	
Health (nutrition, gardens, food) Course: Curriculum:	
Other: ( )	

**Educational Experiences (MWEE).** Grades: K - 5 A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.): Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.): No evidence that students in this grade participated in a Meaningful Watershed Educational Experience. **Grades: 6 – 8** A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.): Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.): No evidence that students in this grade participated in a Meaningful Watershed Educational Experience. Grades: 9 - 12 A system wide Meaningful Watershed Educational Experience is in place. Please describe (i.e., grade, description of unit, partnerships, etc.): Some classes participated in a Meaningful Watershed Educational Experience. Please describe (i.e., grade, description of unit, partnerships, etc.): No evidence that students in this grade participated in a Meaningful Watershed Educational Experience. 49. What practices is your LEA implementing related to sustainable, green schools? Select all that apply School-wide Recycling Program Lead testing of water **On-site Composting** Silver Gold Platinum LEED Certification Type: **Project Learning Tree Green Schools** National Wildlife Federation Eco-Schools Environmentally-friendly cleaning products Landscaping with native plants Storm water reduction efforts (i.e., rain barrels, cisterns, rain gardens) Sprint to Savings/Green Schools Energy Challenge Other

48. For each grade at your school, please indicate the level of participation in Meaningful Watershed

50. What i	type of recycling nauling se	rvices does your scho	oi rec	eive? Select all that apply
	Cardboard only			
	Paper and cardboard only			
	Mixed recyclables (plastic	, metals, glass) only		
<b>~</b>	Co-mingled paper, cardbo	ard, and mixed recycl	ables t	ogether ("single-stream")
	Organics			
	Other			
	None of these			
51. Does y	our school compost? <i>Selec</i>	t all that apply		
	Yes, we participate in an o	organics recycling (off-	site co	omposting) program
$\overline{\Box}$	Yes, on-site outdoors (e.g. in garden)			
一	Yes, on-site indoors (e.g. worm bin in classroom)			
一	Other method			
	Don't Compost			
ت				
Progr	•		_	ency's Indoor Air Quality Tools for Schools impact asthma among children and adults in Don't know
53. Does y	our school purchase enviro	onmentally-friendly c	eanin	g supplies?
• Y	es	No	0	Don't know
54. Does y	our school cleaning/maint	enance staff follow g	reen cl	eaning procedures?
• Y	es	No	0	Don't know

# Healthy Schools Act School Health Profile Frequently Asked Questions

- 1. What is the Healthy Schools Act School Health Profile? The School Health Profile (SHP) is an online questionnaire that must be completed by each District of Columbia public school and public charter school according to Section 602 of the Healthy Schools Act of 2010 (HSA). The contact person listed in the SHP will receive a PDF copy of the Profile that is required to be made available online if the school has a website and available to parents or guardians in the main office. The Office of the State Superintendent of Education (OSSE) will post completed profiles on our website within 30 days of submission.
- 2. How is the information in the SHP used? Information collected in the SHP is used to inform OSSE, the Mayor, City Council, and the Healthy Youth and Schools Commission on the extent to which the Districts schools are achieving the goals of the HSA. A report is required by Section 405 of the HSA and is submitted by OSSE to the Mayor, City Council, and Healthy Youth and Schools Commission. Reports on the HSA may be found at: <a href="http://osse.dc.gov/service/healthy-schools-act">http://osse.dc.gov/service/healthy-schools-act</a>.
- 3. When is the SHP due? The SHP is due by Feb. 15 of each year. The SHP should be submitted electronically no later than 5 p.m. on Friday, Feb. 15, 2019. Schools that do not completed the SHP by Feb. 15 will be listed on the OSSE website as out of compliance with Section 602 of the *Healthy Schools Act of 2010*.
- 4. Who should complete the SHP? The Principal and contact person from the 2018-19 HSA SHP are automatically given access to the SHP; however, the SHP asks for information pertinent to the entire school. OSSE recommends that the Principal serve as the lead and distribute the printable SHP form to school staff who are most knowledgeable about each section (see chart below for suggestions). The Principal will then collect the information and enter the responses into the SHP online form. If the Principal wishes to designate another staff member as the lead, he/she must send an email to OSSE.callcenter@dc.gov and include the designee' name, title, and email address along with the local education agency and school name. Login information will then be sent directly to the designee.

Section	Recommended to be completed by
1: School Profile	Principal, Administrative Assistant
2: Health Services	School Health Providers
3: Health Education Instruction	Health Education Teacher
4: Physical Education Instruction	Physical Education Teacher
5: School Nutrition and Local Wellness Policy	Principal, Food Services Director or Manager,
	Chair of School Wellness Council/Committee
6: Distributing Information	Principal
7: Environment	Principal, Lead Science Teacher

#### 5. How do I complete the SHP online form?

a. Log in to Quickbase (http://octo.quickbase.com):

- DC.gov Users: sign in with your network email and password.
- If you do not have a dc.gov email but have used Quickbase before, use your previous login and password (usually your school email address and password).
- If you have not used Quickbase before but have been granted access via an email notification from Quickbase, click the link in the email and follow the instructions.
- b. Click on the application "2018-19 OSSE HSA School Health Profile".
- c. Select "Click to Complete" to be taken to your school's profile.
- d. Once you start a page, you must complete the entire page to be able to save it; partially completed pages will not be saved.
- e. Click the pencil icon to edit your Profile and the eye icon to view the form as it will be submitted.
- f. Complete the questions on page 1. At the end of the page, click the "completed" box and then "save" to save the form.
- g. Repeat the process for the rest of the pages to complete them.
- h. Many questions are required and you cannot save the form until all required questions on any one page are completed.
- i. Your Profile cannot be submitted unless all three "completed" boxes are checked.
- j. Do not use commas, quotes, or press "enter" in text boxes.
- k. Due to skip patterns, you may not answer all the questions. For example, if you do not have a school nurse, you will move automatically to question 12.
- 6. **Can I see all of the SHP questions in one document?** Yes, a printable version of the SHP is available in the Quickbase application and our webpage: <a href="http://osse.dc.gov/node/722242">http://osse.dc.gov/node/722242</a>. We suggest that you share this with members of staff that are helping complete the Profile.
- 7. **What if I have other questions?** Please consult with other school staff if you are not sure of an answer on the profile. OSSE will hold a webinar to review the login process, how to request access for new users, navigate through the application, and answer certain questions.
  - A recording of the webinar will be made available at: <a href="http://osse.dc.gov/node/722242">http://osse.dc.gov/node/722242</a>.
  - If this FAQ page does not answer your question, please call OSSE Customer Service Center at (202) 719-6500 Monday-Friday 8 a.m. 5:30 p.m. or email <a href="mailto:OSSE.callcenter@dc.gov">OSSE.callcenter@dc.gov</a>.