

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN10: Percentage of students who ever carried a weapon (such as a gun, knife, or club)	26.9 (25.9-27.8)	8,717	32.2 (29.4-35.0)	1,113		●	
QN11: Percentage of students who were ever in a physical fight	66.4 (65.4-67.3)	8,810	70.6 (67.9-73.1)	1,123		●	
QN12: Percentage of students who were ever bullied on school property	29.1 (28.2-30.1)	8,840	47.2 (44.2-50.1)	1,126		●	
QN13: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)	12.0 (11.3-12.7)	8,831	25.8 (23.3-28.5)	1,129		●	
QN14: Percentage of students who ever seriously thought about killing themselves	25.2 (24.3-26.2)	8,784	60.0 (57.1-62.9)	1,117		●	
QN15: Percentage of students who ever made a plan about how they would kill themselves	15.0 (14.3-15.8)	8,757	45.0 (42.1-48.0)	1,110		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN16: Percentage of students who ever tried to kill themselves	11.9 (11.2-12.6)	8,713	33.9 (31.2-36.8)	1,105		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN18: Percentage of students who tried cigarette smoking for the first time before age 11 years (even one or two puffs)	4.7 (4.3-5.2)	8,764	7.9 (6.4-9.6)	1,121		●	
QN19: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.1 (1.8-2.4)	8,800	4.2 (3.1-5.5)	1,127		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.2 (0.1-0.3)	8,800	0.5 (0.3-1.1)	1,127			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.1 (0.1-0.2)	8,800	0.4 (0.2-1.0)	1,127			●
QN22: Percentage of students who currently used an electronic vapor product (on at least 1 day during the 30 days before the survey)	4.7 (4.3-5.2)	8,669	9.2 (7.7-11.0)	1,116		●	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.5 (0.3-0.6)	8,669	1.0 (0.6-1.8)	1,116		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.3 (0.2-0.5)	8,669	0.7 (0.4-1.4)	1,116			●
QN24: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	1.6 (1.3-1.9)	8,822	3.8 (2.8-5.0)	1,128		●	
QN25: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	1.9 (1.7-2.2)	8,805	3.8 (2.8-5.1)	1,127		●	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	3.1 (2.7-3.4)	8,745	5.7 (4.5-7.1)	1,119		●	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	3.8 (3.4-4.2)	8,726	7.1 (5.8-8.8)	1,118		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	7.1 (6.5-7.6)	8,593	12.8 (11.0-14.9)	1,112		●	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	5.9 (5.4-6.4)	8,633	11.4 (9.7-13.4)	1,115		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)	12.9 (12.2-13.6)	8,555	17.9 (15.7-20.3)	1,110		●	
QN29: Percentage of students who tried marijuana for the first time before age 11 years	3.8 (3.4-4.2)	8,725	6.3 (5.0-7.9)	1,118		●	
QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)	13.2 (12.5-14.0)	8,658	16.9 (14.7-19.3)	1,111		●	
QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)	3.4 (3.0-3.8)	8,592	4.9 (3.7-6.3)	1,098		●	
QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)	7.3 (6.7-7.9)	8,655	14.8 (12.8-17.0)	1,108		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN33: Percentage of students who ever took steroids without a doctor's prescription (pills or shots)	2.7 (2.4-3.1)	8,624	4.0 (2.9-5.3)	1,103		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN34: Percentage of students who ever had sexual intercourse	12.7 (11.9-13.4)	7,695	14.8 (12.7-17.2)	985			●
QN35: Percentage of students who had sexual intercourse for the first time before age 11 years	4.6 (4.1-5.1)	7,699	5.0 (3.8-6.6)	991			●
QN36: Percentage of students who ever had sexual intercourse with three or more persons	4.1 (3.6-4.6)	7,686	3.6 (2.6-5.0)	995			●
QN37: Percentage of students who did not use a condom during last sexual intercourse (among students who ever had sexual intercourse)	34.1 (30.9-37.3)	862	53.7 (45.1-62.0)	138		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN38: Percentage of students who described themselves as slightly or very overweight	20.4 (19.5-21.2)	8,480	29.9 (27.3-32.8)	1,112		●	
QN40: Percentage of students who did not eat breakfast (during the 7 days before the survey)	10.3 (9.7-11.0)	8,508	13.3 (11.4-15.4)	1,113		●	
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	55.1 (54.1-56.2)	8,508	67.8 (64.9-70.5)	1,113		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS

District of Columbia (Including Charter Schools) Middle School Survey Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	55.4 (54.3-56.5)	8,329	62.7 (59.7-65.5)	1,093		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	17.7 (16.8-18.5)	8,329	20.2 (17.9-22.8)	1,093		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	73.7 (72.7-74.6)	8,329	79.0 (76.5-81.4)	1,093		●	
QN43: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as playing games, watching videos, texting, or using social media on their smartphone, computer, Xbox, PlayStation, iPad, or other tablet, for something that was not school work, on an average school day)	47.6 (46.5-48.7)	8,282	53.2 (50.2-56.2)	1,082		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN48: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	48.7 (47.6-49.8)	8,217	59.7 (56.7-62.6)	1,077		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN49: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	33.9 (32.9-35.0)	7,952	36.1 (33.2-39.1)	1,035			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN51: Percentage of students who are transgender	0.3 (0.2-0.4)	8,864	4.2 (3.2-5.6)	1,137		●	
QN55: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	14.2 (13.4-14.9)	8,763	17.2 (15.1-19.5)	1,135		●	
QN56: Percentage of students who have been afraid of being beaten up at school (one or more times during the 12 months before the survey)	13.7 (13.0-14.4)	8,877	24.7 (22.3-27.3)	1,138		●	
QN57: Percentage of students who have ever seen or heard people where they live be violent and abusive (including serious hitting, shouting, throwing items, yelling, or name calling, but not 'play fighting,' during the 12 months before the survey)	45.6 (44.6-46.7)	8,740	55.9 (52.9-58.8)	1,123		●	
QN58: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	3.1 (2.8-3.5)	8,815	10.3 (8.6-12.3)	1,111		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN59: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	9.0 (8.2-9.9)	4,721	14.7 (12.2-17.5)	742		●	
QN60: Percentage of students who had someone they were dating or going out with purposely try to control them or emotionally hurt them (counting such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, among students who dated or went out with someone during the 12 months before the survey)	15.7 (14.7-16.8)	4,665	22.2 (19.3-25.4)	730		●	
QN61: Percentage of students who bullied someone on school property (during the 12 months before the survey)	11.4 (10.7-12.1)	8,749	17.6 (15.4-20.0)	1,124		●	
QN62: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	6.6 (6.1-7.2)	8,785	15.3 (13.3-17.5)	1,131		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	8.4 (7.8-9.0)	8,685	16.2 (14.1-18.5)	1,114		●	
QN64: Percentage of students who currently used synthetic marijuana (one or more times during the 30 days before the survey)	2.3 (2.0-2.7)	8,747	4.1 (3.0-5.4)	1,126		●	
QN65: Percentage of students who have ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting)	21.4 (20.6-22.3)	8,461	36.5 (33.6-39.5)	1,086		●	
QN66: Percentage of students who have ever vomited or taken laxatives to lose weight or to keep from gaining weight	6.5 (6.0-7.1)	8,329	12.4 (10.6-14.6)	1,083		●	
QN67: Percentage of students who have not been taught or are not sure if they have been taught about AIDS or HIV infection in school	53.7 (52.7-54.8)	8,347	47.3 (44.3-50.3)	1,097	●		

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual [†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN68: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	28.5 (27.5-29.5)	8,319	28.1 (25.5-30.9)	1,091			●
QN70: Percentage of students who reported there is not at least one teacher or other adult in their school that they can talk to if they have a problem or who were not sure if there is at least one teacher or other adult in their school that they can talk to if they have a problem	31.0 (30.0-32.0)	8,210	33.1 (30.4-36.0)	1,075			●
QN71: Percentage of students who did not usually sleep in their parent's or guardian's home (during the 30 days before the survey)	3.5 (3.1-3.9)	8,147	4.4 (3.3-5.8)	1,083			●
QN72: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)	4.6 (4.1-5.1)	8,105	7.2 (5.8-9.0)	1,067		●	
QN73: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)	2.0 (1.7-2.3)	8,107	2.6 (1.8-3.8)	1,054			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2019 YOUTH RISK BEHAVIOR SURVEY RESULTS
District of Columbia (Including Charter Schools) Middle School Survey
Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual[†]	Gay, Lesbian, or Bisexual More Likely Than Heterosexual[†]	No Difference[†]
	% 95% CI*	N	% 95% CI	N			
QN74: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex	4.2 (3.8-4.7)	8,039	4.9 (3.8-6.4)	1,053			●
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.0 (0.8-1.2)	8,319	0.8 (0.4-1.6)	1,091			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.