

### LEA Institute "It Takes a City: DC Does It Best!"

Thursday, May 25, 2017 Washington Marriott Wardman Park Hotel Registration: <u>http://bit.ly/2mjaLQS</u>

### **Early Learning Breakout Sessions**

Breakout Session 1 (9:4010:50 a.m.)			
Title	Audience	Presenters	Session Description
New Directions in Curriculum: Intentional Weekly Planning (NOTE: half-day session)	Preschool teachers	Donna Fowler, M.Ed., PD Manager, Teaching Strategies, LLC	Teachers will work together to develop intentional planning strategies, discuss and complete a "Weekly Planning Form," and share planning ideas related to objectives for children's development and learning. At the conclusion of this session, teachers will understand why it is important to plan meaningful learning experiences intentionally.
Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and Sudden Infant Death Syndrome (SIDS)	Early childhood professionals	Karen Davis Platt, MA Ed, Senior Early Childhood Specialist, ICF	This interactive session is designed to help keep infants and toddlers in your care safe. Participants will discuss two preventable life threatening injuries: Sudden Infant Death Syndrome (SIDS), the leading cause of death in babies up to 1 year of age, and Abusive Head Trauma / Shaken Baby Syndrome; traumatic head injuries that occur from forcibly shaking a child. This session is designed to fulfill the requirements for two mandatory health and safety trainings for all child care providers.
Strategies for Sustainable Change through Strength- Based Coaching (NOTE: half-day session)	Coaches, trainers, and supervisors	Jill McFarren Aviles, Consultant/Coach, Mary's Centers; Irma Tzul- Morales, Little Blessings Child Development Home, Owner/Provider; and Stephanie Stuart, Teacher Assistant	Participants will receive an overview of the importance of coaching as a key strategy to achieve sustainable change in teacher's knowledge, practice, and attitudes. This session will feature a panel discussion from child development center and home, infant and toddler teachers, who have experienced their own professional growth as a result of participating in a strengths-based coaching program. Panelists will discuss specific coaching practices and strategies and will have the opportunity to reflect on their own practices and experiences.
A-go! A-may!: African Dance and Drumming in the Early Childhood Classroom	Early childhood educators and arts teachers	Ingrid Zimmer, Executive Director, Inner City - Inner Child; Sylvia Soumah, Artistic Director Coyaba Dance Theater; and Abdou Muhammad, Drumming Instructor, DC Prep DCPCS	Explore ways to use African songs, dance, and drumming to promote early childhood learning. Use your newly acquired knowledge to create activities based on multi-cultural books you can immediately implement in your classroom. Come prepared to sing, dance, and have fun!
Medication Administration in Child Care	All infant, toddler, and preschool teachers,	Janice Le Platte, B.S.N., M.S. RN-BC, Simulation Education Specialist, Children's National Health	Participants will discuss basic medication administration guidelines, how to properly handle and store medications, and proper documentation of medication.

	assistant teachers, and directors	System	
Prevention and Response to Food Allergies	All infant, toddler, and preschool teachers, assistant teachers, and directors	Shari Washington, MSN- Ed, RN-BC, CPN, Professional Development Specialist, Children's National Health System	This session will discuss the preparation and handling of food for children of all ages, including the consumption of formula, human milk, and solid foods. Participants will also learn how to recognize and respond to food allergies, and how to create and follow individual care plans for children with food allergies.
El Teatro como Herramienta en la Educación Infantil (Theater as a Tool in Early Childhood Education)	Early childhood educators, associates, and collaborators	Sylvia Zwi, Dean and Director, Early Childhood Arts Education and Professional Development and Karen Andrea Morales Chacana, Atriz, Educadora y Instructora del Teatro Infantil	El uso de las Artes como instrumento educacional durante los primeros años de vida promueven y apoyan el desarrollo emocional, social, físico, de las habilidades psicomotoras, y intelectuales, al mismo tiempo que alimentan la imaginación y la creatividad. The use of the arts as educational tools in the early years promote and support emotional, social, physical, psychomotor, and intellectual development, as well as nourish the imagination and creativity.
Enhancing the Use of Inclusive Practices in Early Childhood Education	Early childhood teachers, preschool professionals, and service providers	Christopher Chapman, M.Ed., Early Intervention Specialist, OSSE DC Strong Start Early Intervention Program	This session will define inclusive practices and teach participants how to identify adaptations that allow all early learners to access the information and experiences that are being taught. Participants will explore best practice for inclusion in a variety of learning environments in accordance with the District of Columbia Common Core Early Learning Standards and the Division for Early Childhood's Recommended Practices in Early Childhood Special Education.
Building and Physical Premises Safety and Storage of Hazardous Materials and Bio- contaminants	Early childhood teachers, assistant teachers, directors, and caregivers	Janice Edwards, Ph.D., Consultant, Kids Comprehensive Services and Brenda Harris, M.A., Director, Kids Comprehensive Services	Participants will explore ways to plan, practice, and promote safety in their early learning environments. Participants will learn how to keep children safe, away from poison, hazards, choking, and suffocation. This training will review three essential components of keeping children safe: education, supervision, and environment.
Prevention and Control of Infectious Diseases	All infant, toddler, and preschool teachers, assistant teachers, and directors	Ms. Wayne Neal, MAT, BSN, RN-BC, Patient/Family Education Manager, Children's National Health System	This session will provide an overview on how to prevent and control infectious diseases, including information on immunizations and influenza.

### Breakout Session 2 (11 a.m.--12:10 p.m.)

Title	Audience	Presenters	Session Description
Intentional Weekly		Donna Fowler, M.Ed., PD	Teachers will work together to develop intentional planning strategies, discuss and complete a "Weekly Planning Form," and share planning ideas related to objectives for children's development and learning. At the conclusion of this session, teachers will understand why it is important to plan meaningful learning experiences intentionally.
The Importance of	All educators,	Karen Wright, Child Find	This workshop discusses the importance of early

Early Intervention	special education staff, and child care professionals	Coordinator, Early Stages, DC Public Schools and Irena Tovar, Child Find Coordinators, Early Stages, DC Public Schools	intervention for the child, for the family, and for society. It provides an overview of Individuals with Disabilities Education Act (IDEA) services in the District of Columbia through Early Intervention Strong Start services and Early Stages. Participants will learn how to refer families for a child's developmental screening and early childhood special education evaluation services.
Strategies for Sustainable Change through Strength-Based Coaching	Coaches, trainers, and supervisors	Jill McFarren Aviles, Consultant/Coach, Mary's Centers; Irma Tzul-Morales, Little Blessings Child Development Home, Owner/Provider; and Stephanie Stuart, Teacher Assistant	Participants will receive an overview of the importance of coaching as a key strategy to achieve sustainable change in teacher's knowledge, practice, and attitudes. This session will feature a panel discussion from child development center and home, infant and toddler teachers, who have experienced their own professional growth as a result of participating in a strengths-based coaching program. Panelists will discuss specific coaching practices and strategies and will have the opportunity to reflect on their own practices and experiences.
Child Care Emergency Preparedness Training	All caregivers, teachers, assistant teachers, and directors	Cynthiana Lightfoot, CNHS, HRSA, Program Manager, Emergency Medical Services for Children (EMSC)	Being prepared for emergencies can make a big difference as to whether or not the children in your care and the staff in your program remain safe. Participants will learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate the emergency plan to children, parents, and staff.
Playful CLASS™ Concept Development Through Science, Technology, Engineering and Math (STEM)	Pre-K and Kindergarten teachers	Kate Van Slyck, Pre-K Special Education Teacher and Noelani Mussman, Director of Early Childhood Curriculum and Instruction	Participants will identify strategies for dual language learners (DLLs) in order to achieve concept development in the Classroom Assessment Scoring System <sup>™</sup> (CLASS <sup>™</sup> ). Participants will examine why STEM concepts are important for young children and define the thinking skills young engineers develop through STEM. They will learn about play as a gateway to concept development for young DLLs, using everyday experiences to lead to scientific understanding.
Do It Best! Age- Appropriate Nutrition, Feeding, and Physical Activity in Childcare Settings	Early childhood educators	Danita Banks, BS, Nutrition Program Specialist, DC SNAP-Ed and Paulette Thompson, MS, RD, LDN, CLS, Supervisory Public Health Nutritionist/Nutrition Education Coordinator, DC Women, Infants, and Children (WIC) State Agency	This session offers ideas for healthy eating and active play in the early learning environment. Participants will learn how to create a supportive breastfeeding environment, what foods young children need to stay healthy, and how to support the development of good eating habits. Participants will learn strategies for working with families to promote healthy nutrition practices at home and how to create opportunities for physical activity.
Mandatory Reporter Training and Child Abuse Prevention	All teachers, assistant teachers, care givers, volunteers, substitutes, and directors	Guillermo Cintron, D.C. Child and Family Services Agency	Mandatory reporter training contains definitions, examples, and signs of child abuse and neglect; numerous resources and DC legal codes; helpful tips for mandatory reporters; and interactive learning. Participants will understand their legal obligations as a mandatory reporter; define the types of child abuse and neglect; recognize signs of child abuse and neglect; identify groups of children who may be at a higher risk for abuse or neglect, and more.



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Creating Diversity in Early Learning Classrooms	Early childhood teachers	Berna Artis, Executive Director, Tiny Findings Inc.	Participants will learn about and discuss methods of tying home cultures to classrooms in authentic ways, including language use, print-rich environments, and activities led by families. Attendees will have the opportunity to share their experiences with anti-biased approaches when interacting with parents and professionals.
Story Telling Through the Arts	All individuals working in early learning and with English Language Learners	Sylvia Zwi, Master Teaching Artist and Ingrid Zimmer, Master Teaching Artist	Using Aesop's Fables as a starting point, participants will learn to tell stories through creative movement, rhythmically expressive language, and visual arts. Experiences are age-appropriate for infants and toddlers, and adaptable for all early learning grades.
Using Breath and Movement in Playful Ways to Create Calm in the Classroom	All educators, therapists, counselors, and caregivers	Lisa Danahy, Founder and Director, INA Wellness	Early educators need powerful and effective tools to improve focus, balance, energy, and reduce stress! Explore fun and simple yoga poses, breathing exercises, and mindfulness activities that enhance social-emotional development and purposeful play, while creating a calm, collaborative classroom. No yoga experience is needed. Wear comfortable, well-fitting clothes for this playful interactive class.

### Breakout Session 3 (1:20--2:30 p.m.)

Title	Audience	Presenters	Session Description	
Prevention of Shaken Baby Syndrome, Abusive Head Trauma, and Sudden Infant Death Syndrome (SIDS)	Early childhood professionals	Karen Davis Platt, MA Ed, Senior Early Childhood Specialist, ICF	This interactive session is designed to help keep infants and toddlers in your care safe. Participants will discuss two preventable life threatening injuries: Sudden Infant Death Syndrome (SIDS), the leading cause of death in babies up to 1 year of age, and Abusive Head Trauma / Shaken Baby Syndrome; traumatic head injuries that occur from forcibly shaking a child. This session is designed to fulfill the requirements for two mandatory health and safety trainings for all child care providers.	
Creating Diversity in Early Learning Classrooms	Early childhood teachers	Berna Artis, Executive Director, Tiny Findings Inc.	Participants will learn about and discuss methods of tying home cultures to classrooms in authentic ways, including language use, print-rich environments, and activities led by families. Attendees will have the opportunity to share their experiences with anti-biased approaches when interacting with parents and professionals.	
Allergy Management Training in Early Childhood Settings	All educators	Whitney Carrington, M.S., Health Education Specialist, Office of the State Superintendent of Education and Charles Rominiyi, M.H.S., Health Education Specialist, Office of the State Superintendent of Education	This training will explore the food allergy procedures that should be in place when caring for children in early care and preschool settings. The training will focus on research-based, Department of Health, Centers for Disease Control and Prevention (CDC) guidelines, and the rights of children with food allergies. Participants will define anaphylaxis, identify common food allergies and their signs and symptoms, outline treatment and management options, and learn how to create and follow individual care plans for each child with a food allergy. Participants also will learn to create and implement a detailed treatment plan in the event of an allergic reaction, and apply and understand best practices for minimizing risks and exposure.	
Understanding Why Parent and	All educators, administrators,	Christophe Beard, Management Analyst,	Children's long-term emotional health and academic success are deeply affected by the quality of the relationship with adult	

Title	Audience	Presenters		Session Description
Breakout Session 4	(2:403:50 p.m.)			
Administration of Medication	Early childhood teachers, assistant teachers, directors, and caregivers	P. Anne Davis, M.D., Physician, Kids Comprehensive Services and Earl Nicholas, M.D., Physician, Kids Comprehensive Services	admin medio of me reviev	raining will introduce participants to basic medication nistration guidelines, how to properly handle and store cation, and implement procedures for proper documentation edication administration for young children. The session will w the most prevalent common childhood medications and ify adverse reactions to medications.
Teacher Leaders as Health Ambassadors	All educators	Kalpana Sharma, Teacher/Teacher Leadership Innovation (TLI) Coach, Brightwood Education Campus/DC Public Schools and Ms. Abby Seibel, Fourth Grade English Learner (EL) Teacher, Brightwood Education Campus	amba admir Partic physi	ession is designed to train individuals to become health issadors by developing an awareness of self-care for nistrators, teachers, parents, students, and community. cipants will learn healthy eating and lifestyle habits, simple cal exercises, mental, social, and emotional health strategies to e and live a healthy lifestyle.
Sueño seguro del bebé: La prevención de SIDS y otras muertes de lactantes relacionadas con el sueño (Safe Sleep: Preventing SIDS and Other Sleep- Related Infant Deaths)	Teachers of infants/toddlers, directors, and administrators	Violeta Mora, Senior Trainer, ICF	síndro infan sobre reduc settir	articipantes aprenderán métodos para reducir el riesgo de ome de muerte súbita en bebés en entornos de cuidado til, y aprenderán cómo informar a padres y otros cuidadores e prácticas del sueño seguro. (Participants will learn methods to ce the risk of sudden death syndrome in infants in child care lgs and will learn how to inform parents and other caregivers t safe sleep practices.)
Building and Physical Premises Safety and Storage of Hazardous Materials and Bio- contaminants	Early childhood teachers, assistant teachers, directors, and caregivers	Consultant, Kids Comprehensive Services and Brenda Harris, M.A., Director, Kids		cipants will explore ways to plan, practice, and promote safety eir early learning environments. Participants will learn how to children safe, away from poison, hazards, choking, and cation. This training will review three essential components of ng children safe: education, supervision, and environment.
Including All Learners: Strategies for Adapting and Modifying Curriculum	All educators and administrative staff	Badiyah Sharif, President, Support by Design	adap	cipants will brainstorm and identify solutions to modify and t for the most common challenges for young children with opmental delays and/or disabilities.
Family Engagement is so Important to Healthy Child Development	and parents	OSSE - Division of Early Learning	the w Prom imple discu	ivers at home and school. Early childhood educators must lead yay for families to stay actively engaged with their children. ising practices can help centers design activities that can be emented effectively into an early childhood setting. Strategies ssed include: using relationship-based approaches, program onment, and diverse families.

Promoting Graph Sense in Early Childhood	Early childhood educators	Ruth Ebisuzaki, ECR Intervention Developer, AppleTree Institute and Lindsey Johnson, Professional Development Specialist, AppleTree Institute	Data collection should start with a purpose. Children have many questions about the world around them. By fostering an inquisitive learning environment, teachers can involve children in graphing and data analysis to develop important math skills and critical thinking. Participants will learn the importance of teaching young children about graphs. They will learn the skills involved in graphing, how to construct graphs, and how to promote graph comprehension.
Play with a Purpose: Differentiating Play for Students with Disabilities	Early childhood inclusion and special education teachers	Megan Callahan, Resident Teacher, Garfield Elementary School	This session will introduce early learning educators to the tools used to differentiate thematic play in ways that promote language, social skills, and academic skills of students with disabilities. Special educators will learn to modify the early childhood general education curriculum and prepare students for successful transitions into an inclusive setting, while inclusion teachers will learn research-based strategies to support students with disabilities during play.
Child Care Emergency Preparedness Training	All caregivers, teachers, assistant teachers, and directors	Cynthiana Lightfoot, CNHS, HRSA, Program Manager, Emergency Medical Services for Children (EMSC)	Being prepared for emergencies can make a big difference as to whether or not the children in your care and the staff in your program remain safe. Participants will learn about the necessary steps a program should take to ensure preparedness in the event of an emergency, as well as effective strategies to communicate the emergency plan to children, parents, and staff.
Learning Foundations: Assessing How Young Children Develop Core Cognitive Skills	Pre-K teachers	Erika Blackburn, Manager, Assessment and Analysis, Early Childhood Education Division, DC Public Schools	Cognition (e.g., attention, motivation, goal orientation, memory) in early childhood lays the foundation for future development and achievement in math and literacy. The goal of this session is to build the capacity of early childhood educators to assess cognition in young learners, and to develop plans to use assessment results for differentiating learning experiences to support cognitive development, and ultimately, academic achievement in math and literacy.
Child Developmental Milestones for Three-Five Year Olds	All educators, special education staff, and child care professionals	Isabel Forguez, Child Find Coordinator, Early Stages, DC Public Schools and Claudia Fuentes, Child Find Coordinator, Early Stages, DC Public Schools	This workshop provides an overview of typical developmental milestones for children between the ages of three and five in the following domains: communication, gross motor, fine motor, social-emotional, and cognitive. It also provides sample intervention strategies for each domain, and the opportunity for participants to create their own classroom strategies.
Mandatory Reporter Training and Child Abuse Prevention	All teachers, assistant teachers, care givers, volunteers, substitutes, and directors	Guillermo Cintron, D.C. Child and Family Services Agency	Mandatory reporter training contains definitions, examples, and signs of child abuse and neglect; numerous resources and DC legal codes; helpful tips for mandatory reporters; and interactive learning. Participants will understand their legal obligations as a mandatory reporter; define the types of child abuse and neglect; recognize signs of child abuse and neglect; identify groups of children who may be at a higher risk for abuse or neglect, and more.
Fascinating Cups: Using Everyday Classroom Materials to	Pre-K - Grade 2 teachers	Marta Jimenez, Spanish immersion Pre-Kindergarten teacher at Tyler Elementary School and	Materials that engage young children provide strong motivation to learn. Plastic cups can be used in creative ways in activities that teach science, math, engineering, and social- emotional skills. Participants will practice these activities

Develop Children's Math, Science, Social- Emotional Skills, and Learn Engineering too!		science teacher, The Early Years columnist and blogger for National Science Teachers	themselves and identify the Teaching Strategies GOLD objectives that can be met when students engage in them. A discussion of STEM (integrated science, technology, engineering, and math) learning and science inquiry grounds the teacher-led activity in an approach that supports all children.
Teacher Leaders as Health Ambassadors	All educators	Kalpana Sharma, Teacher/Teacher Leadership Innovation (TLI) Coach, Brightwood Education Campus/DC Public Schools and Ms. Abby Seibel, Fourth Grade English Learner (EL) Teacher, Brightwood Education Campus	This session is designed to train individuals to become health ambassadors by developing an awareness of self-care for administrators, teachers, parents, students, and community. Participants will learn healthy eating and lifestyle habits, simple physical exercises, mental, social, and emotional health strategies to create and live a healthy lifestyle.
The Butterfly Effect: Connections Between Plants, Animals, and Humans	Early childhood educators, environmental science teachers, and school leaders	Coordinator, Mary McLeod Bethune Day Academy Public Charter School (PCS) and Shalinee Gusain, Environmental	While walking through a simulation of the migration route traveled by three generations of monarch butterflies, participants will experience the elements of an interdisciplinary unit of study that uses a pollinator garden and biome maps to teach the concepts of systems, cycles and migration, as well as the positive and negative impacts of human interactions with nature. Participants will learn tips for planning the unit, and take part in sample assessments for student learning.