



SASHA BRUCE  
YOUTHWORK

STRONGER YOUTH ♥ STRONGER COMMUNITIES

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Services for Youth



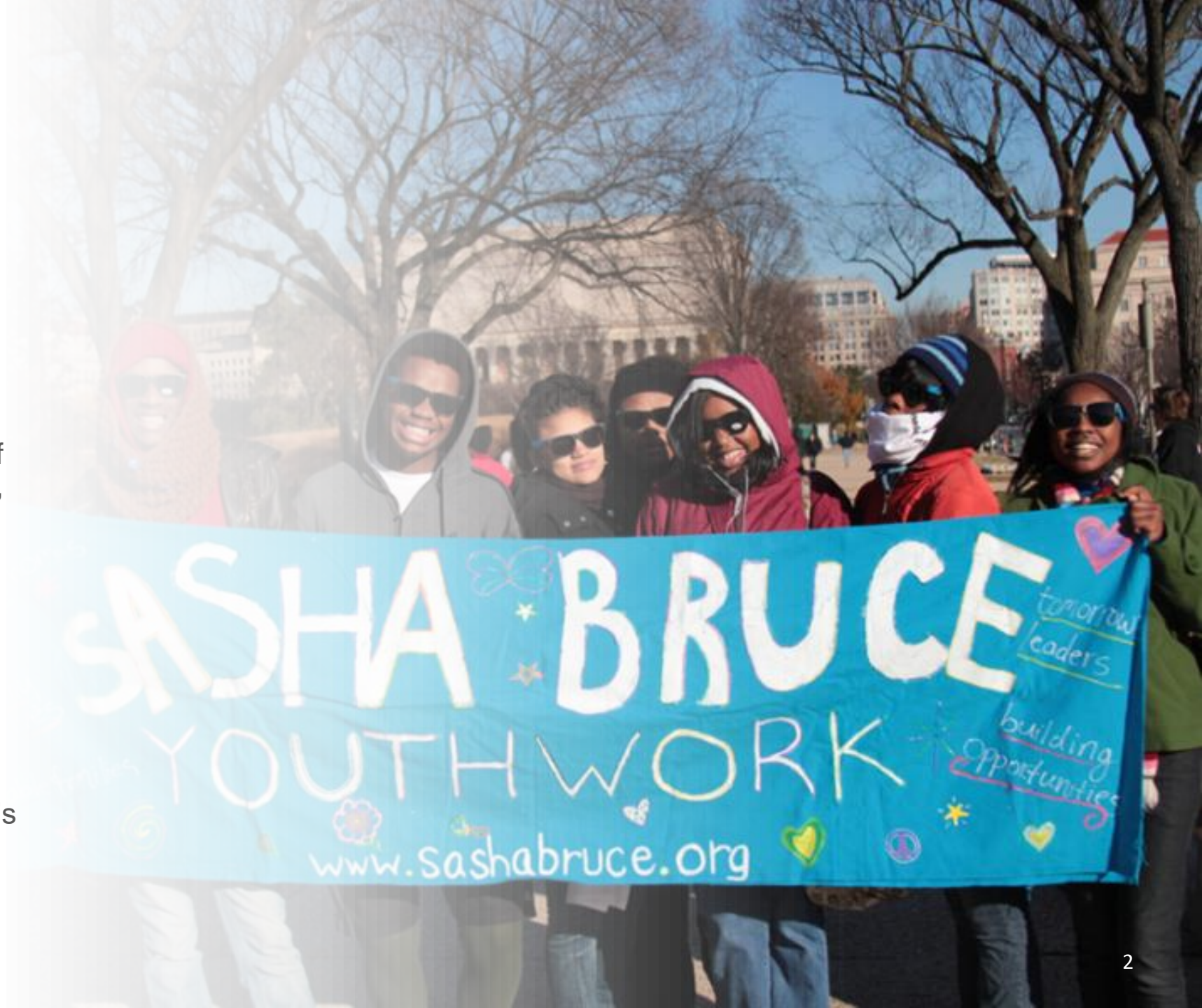
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# About Us

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Founded in 1974, Sasha Bruce Youthwork works to improve the lives of runaway, homeless, abused, neglected, and opportunity youth and their families in the DC region.

Through the holistic integration of its **Pillars of Opportunity**, SBY is able to stabilize, empower, and transform the lives of over 7,500 homeless and runaway youth and their families in the District of Columbia and Prince George's County, MD per year.





# Our Vision

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Sasha Bruce envisions the end of youth homelessness and a community in which young people and families have access to the opportunities and services they need to succeed.

# Barriers to Success

The factors that contribute to youth homelessness are multi-faceted and vary between youth. However, multiple studies have found that the following indicators predict a higher risk for youth homelessness. Our programs aim to reduce these barriers to help youth thrive.

Family Conflict

Poverty

Housing  
Insecurity

Behavioral  
Health Issues

Foster Care  
Involvement

Juvenile  
Justice  
Involvement

Sexual  
Trafficking and  
Exploitation

Race

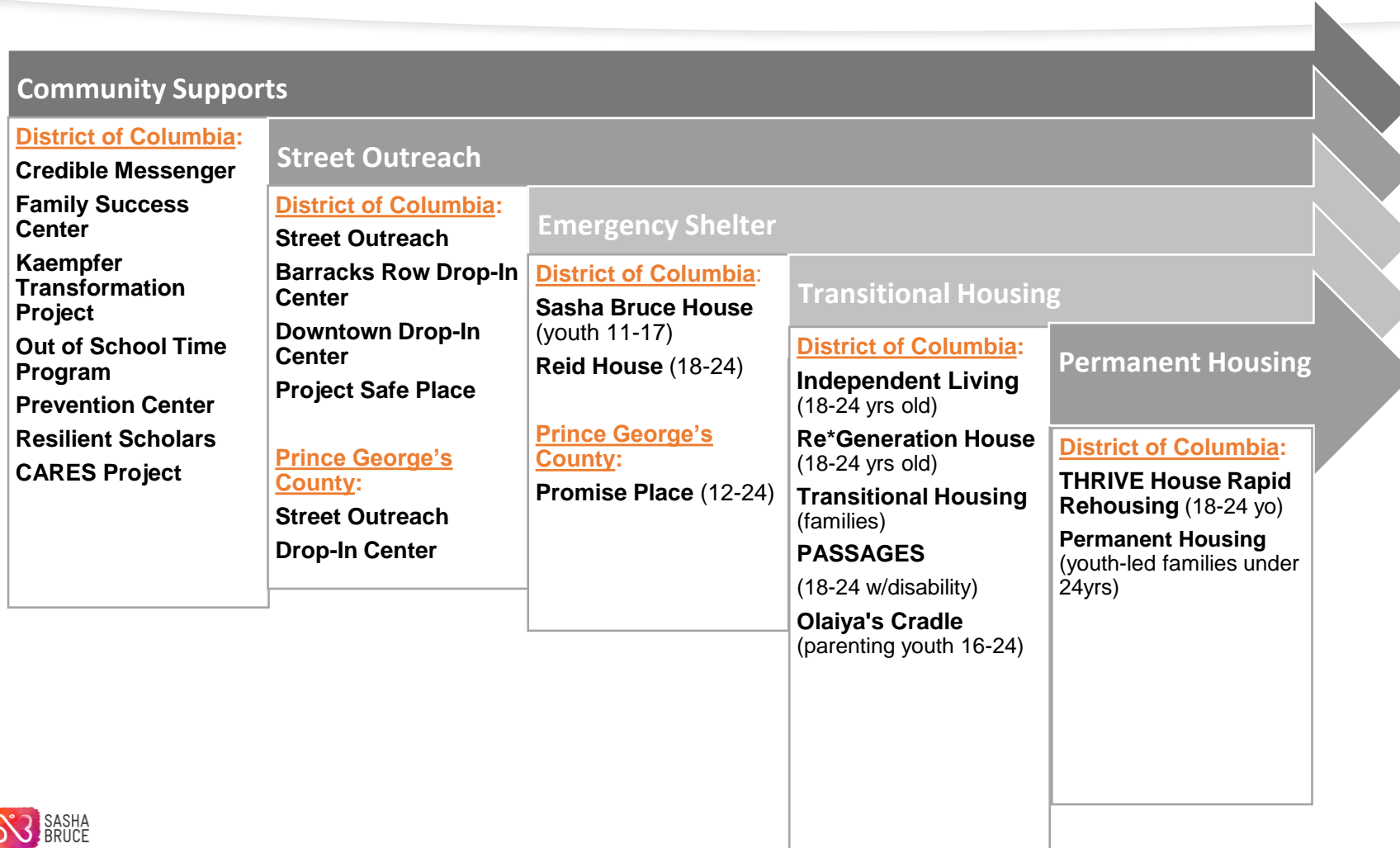
LGBTQ Identity

Teen  
Pregnancy

# HOMELESS SERVICES CONTINUUM & PILLARS OF WORK



# Our Programs



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# DC Drop-In Center

*Youth Under 24*

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Established in 2016, the Drop-In Center works to reduce the length of time that a young person experiences homelessness. The Center works in tandem with its Street Outreach Program to connect unstably housed youth to a safe and trusting environment. In addition to providing survival services, the Center is the main point of entry for any youth seeking placement in the city's housing programs

## Services

- Survival Services
- Group & Individual Therapy
- HIV/STI Testing
- Workforce Readiness
- Laundry Facilities
- Shower Facilities
- Mailing Services
- Vital Records
- Public Benefits Enrollment
- Recording Studio
- Coordinated Entry Intake



# Sasha Bruce House

*Youth ages 11-17*

The Sasha Bruce House is the only emergency shelter in DC for runaway, homeless and street youth under the age of 18 living in the District of Columbia. Youth have 24/7 access to emergency shelter, food, and basic necessities. All youth receive individual and family counseling and family reunification services as appropriate.

## Services

- Temporary Respite
- Case Management
- Counseling
- Family Reunification
- Safe Place
- Meals
- School Connection





# Phillip Reid House

*Transition Age Youth 18-24, Capacity: 10 TH, 14 Shelter*

Reid House is a hybrid long-term shelter and extended transitional housing program. Emergency Shelter residents can stay with us for up to 90 days and do not need to exit the facility at the end of the night. Similarly, transitional housing residents may remain with us until age 24. Each resident has access to their own bedroom and individual restroom as well as shared common spaces.

## Services

- Temporary Respite
- Transitional Housing
- Case Management
- Counseling
- Family Reunification
- Workforce Development
- Leadership Development
- Meals
- School & Career Supports
- Housing Assistance

## Accessing Services

Reid House is open 24/7 and accepts emergency shelter youth on a walk-in as space allows.

Because emergency housing spaces fluctuate, candidates are encouraged to visit our **Drop-In Center** for assistance.



# Thrive House

*Transition Age Youth 18-24, Capacity: 30 youth per year*

Thrive House is an innovative hybrid transitional housing and rapid rehousing program. At Thrive, young adults receive the supports they need to remove barriers that may lead to future instances of homelessness. During the transitional housing portion of the program, youth learn to live with roommates, address their financial and mental health needs, and receive support in finding affordable housing before entering rapid rehousing.

## Services

- Temporary Respite
- Transitional Housing
- Case Management
- Counseling
- Family Reunification
- Workforce Development
- Leadership Development
- Meals
- School & Career Supports
- Housing Assistance

## Accessing Services

Thrive House is only available through Coordinated Entry. All interested candidates should visit our Drop-In Center for intake and placement assistance.



# Accessing Services

## For Minors

- Go to Bruce House (1022 Maryland Ave NE)
- Call our 24-hour hotline: (202) 547-7777

For Transition Age Youth: Call us at (202) 675-9340 or visit our Drop-In Center

## BARRACKS ROW

Drop-In Center  
741 8th St SE  
Washington, DC 20003

### HOURS OF OPERATION:

M, T, TH: 8am – 6pm  
W: by appointment  
F: 8am – 4pm

## CAPITOL HEIGHTS

J.E. Howard Community Center  
4400 Shell Street  
Capitol Heights, MD

### HOURS OF OPERATION:

T, TH: 1pm – 4pm

## GALLERY PLACE

First Congregational United Church of  
Christ

945 G St NW  
Washington, DC 20001

### HOURS OF OPERATION:

T: 6-8PM

## DOWNTOWN

Church of the Epiphany  
1317 G St NW  
Washington, DC 20005

### HOURS OF OPERATION:

Su: 6-8PM



# Sasha Bruce College and Career

## College and Career Services

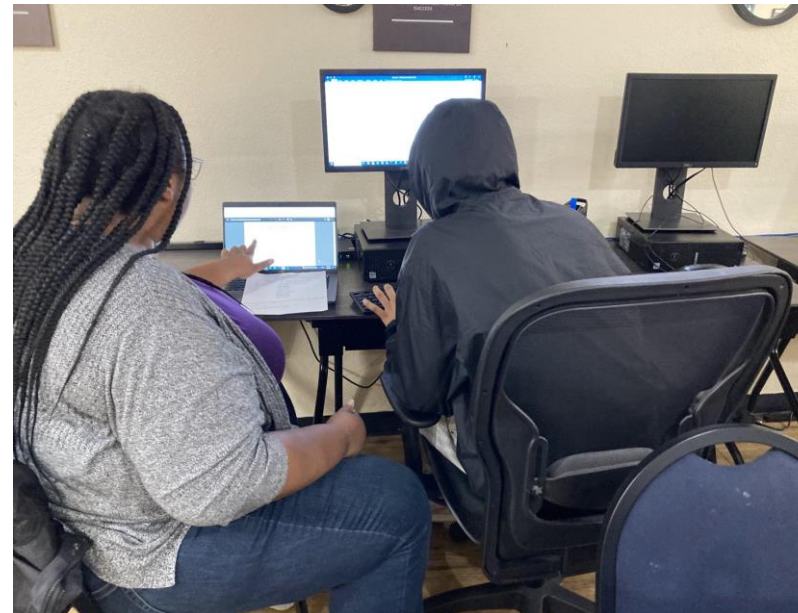
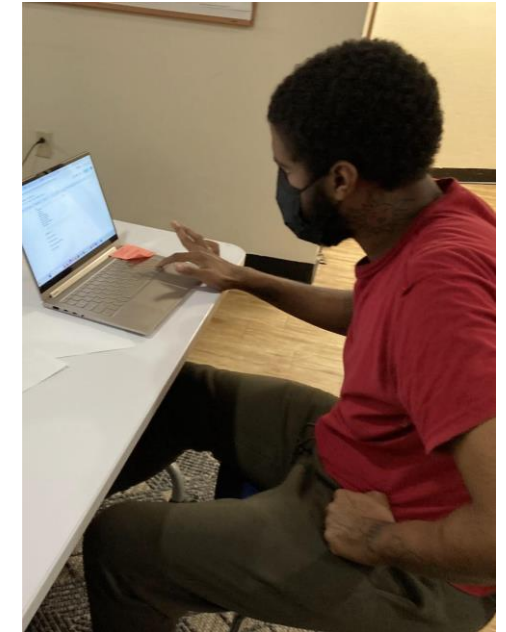
- Out of School Time at Phelps ACE High School
- Lukey Kaempfer Scholar Program
- The CURB (Youth Advocacy Board)
- Career and Education Counseling
- Case Management
- Workforce Development
- Leadership Development
- School & Career Supports



# Lukey Kaempfer Scholars:

Lukey Kaempfer Scholars are former Sasha Bruce Scholars, or clients between 16-24 years of age who are actively pursuing, or have earned their high school diploma or GED, and are actively pursuing a career or higher education. Lukey Kaempfer Scholars are also current or former clients who are currently enrolled in a college, or trade school. The goal of this program is for former clients to enroll and successfully matriculate through a vocational school, career program, or college/university. LK Scholars receive the following:

- College Readiness & Career Exploration Workshops
- Individualized college or career case management
- College Scholarship & financial support
- Retreat/Group Activity
- A laptop
- Professional or community mentor
- On-campus support (if applicable)



# Out of School Time Program At Phelps ACE High School

The Out of School Time program leverages a positive youth development approach aimed at providing homeless youth and at-risk youth with a stable and supportive environment in which they can succeed academically. The program also aims to empower youth with the coping skills to process the unique challenges that result from homelessness, community violence and/or family instability to minimize their impact on overall wellbeing. Out of School Time incorporates Wyman's Teen Outreach Program curriculum, alongside tutoring help and additional enrichment activities.

- Students build relationships with each other and a trusted adult
- Students plan and execute community service projects
- Students learn how to think independently, while being understanding and sensitive to the thoughts and perspectives of others.

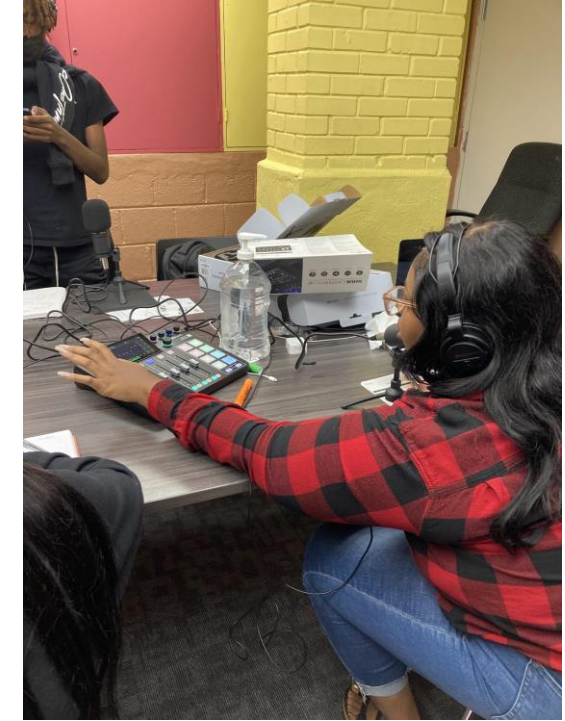
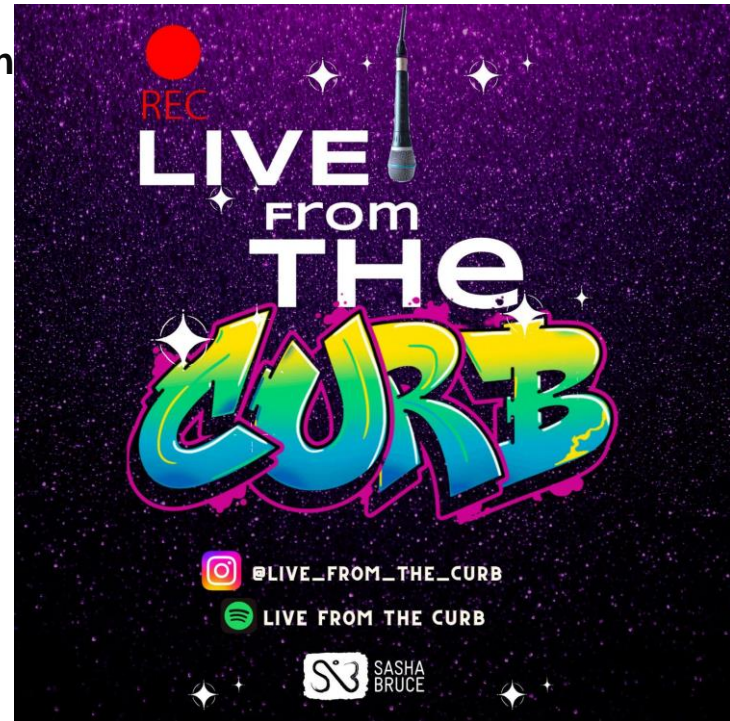


# The CURB - Sasha Bruce Advisory Board

**Youth Advisory Mission:** is to educate youth to access and utilize resources to ultimately prevent homelessness. We achieve this with legislative advocacy, and by guiding SBY to provide the best possible services within the organization using our voices, experiences, and input.

The CURB is an acronym for Cultivating Urban Resilient Brilliant Youth.

- Advocacy for the homeless youth population for more workforce development, equity for people of color, mental health services, providing safe housing/ spaces for young adults, higher education opportunities, and having people with lived experience in the room where decisions are made.
- **“Live with the CURB” Podcast**
- Curbside is where they get live feedback from youth living in the system we are working to develop.



# Family Success Center

- Part of Families First DC initiative in Wards 7+8
- Location: 260 54th Street, NE (basement of one of the Richardson Dwellings public housing properties)
- For Clay Terrace/Richardson Dwellings/ residents specifically
- ‘Upstream’ services before families get on the radar of CFSA
  - referrals and navigation of services
  - life skills workshops
  - basic needs such as emergency food
  - youth and family programming
  - safe space





Check out the  
website for more at:  
[www.sashabruce.org](http://www.sashabruce.org)



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