

Get Active the Wright Way

Picture this; juicy, fresh, organic fruit spread out across the counter served with ice cold milk.

Scrumptious cereals of multiple varieties are all perfectly displayed and ready to eat. Don't you wish you were here for breakfast at Richard Wright Public Charter School for Journalism and Media Arts? Our school promotes health and wellness by providing healthy foods and exercise.

We have access to these types of meals through a contractor called "Revolution Foods." They offer fresh fruit daily and other lunches like veggie lasagna, broccoli, corn, and zesty pasta. The best part about it is that it's healthy and students enjoy it.

Another way my school stays healthy and active is by offering multiple after school sports such as football, track, cheerleading, volleyball, flag football, and basketball. These activities are not limited to only males, but females too.

Richard Wright presents a wide variety of activities to stay fit and healthy. Even though we are a relatively new public charter school, we offer physical education. This is a time of day where we really get to step it up with exercise and 70% of the student body takes P.E. class throughout the year. Once in a while we even get to dance in gym.

I love the way my school keeps me and my fellow students fit and healthy. We do it the "Wright Way."