



THE BEST ME I CAN BE

"I want others to know that I have a **BRIGHT LIFE** in front of me and I'm going to **ACHIEVE MY GOALS** by working hard."

—Marnai, 5th Grade Student

THE BEST ME I CAN BE is a film that highlights the efforts of DC students, parents, and schools to increase the involvement of youth with disabilities in their Individualized Education Programs (IEPs) and prepare them to take a more active role in planning for their futures. The five film modules show how involving students in the IEP process increases student engagement, empowers students to achieve their goals, and prepares youth to successfully transition to adulthood.

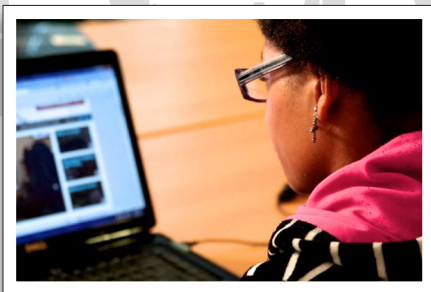
"The **MOST IMPORTANT THING** is no matter how afraid you are, no matter how unclear or uncertain you are, is just **TO GET INVOLVED.**"

—Crystal Evans, Parent



Featuring five modules:

- GETTING STARTED**
- BUILDING SELF-AWARENESS**
- UNDERSTANDING YOUR IEP**
- PREPARING FOR PARTICIPATION**
- STUDENT-LED IEPs**



They are able to say **THESE ARE MY STRENGTHS**, but I do have some weaknesses and here's what I need help with in the classroom that will **HELP ME BE THE BEST ME THAT I CAN BE.**"

—Mo Chamble Thomas,
Special Education Teacher

Film available in English and Spanish subtitles. Coming soon to:
www.ossesecondarytransition.org



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Directed by Abby Moser. Edited by Kate Flannery.