



Supporting Nonpublic School Students' Mental Health Needs

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Agenda

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- Objectives
- Poll Questions
- Mental Health Resources
- LEA Recovery Resources
- Group Share Out
- Wrap Up and Q&A



Introductions



Objectives

Objectives

Participants will:

- Learn about community-based resources available in DC to support students' mental health and psychiatric concerns outside of school
- Learn about LEA-based coronavirus (COVID-19) recovery behavioral support resources for students to access at school, at home, and in the community
- Discuss and share out current practices to support students' mental health needs



Poll Questions

Poll Question 1

What percentage of your students have experienced issues/challenges outside of those included in their IEPs?

- a. 0 percent
- b. Less than 15 percent
- c. Between 15 percent and 40 percent
- d. Between 40 percent and 75 percent
- e. Greater than 75 percent

Poll Question 2

Which area have they experienced their most significant issue/challenge?

- a. Family violence
- b. Substance use/abuse
- c. Medical, psychological, or psychiatric
- d. Legal or juvenile justice
- e. Homelessness

Poll Question 3

Are you aware of the specific service providers in your students' home communities that could address the aforementioned issues/challenges?

- a. Yes. I made the appropriate referrals for the student/family to specific service providers.
- b. Yes. I provided the local education agency (LEA) with the appropriate information.
- c. No. I was not aware of the specific service providers in the students' community.
- d. No. I did not address the student's outside areas of concern
- e. Not applicable.



Mental Health Resources

Objective

Participants will:

Learn about community-based resources available in DC to support students' mental health and psychiatric concerns outside of school

DC-Area Mental Health Support Services

- [Self-help/Support Groups](#) (e.g., domestic violence, substance use, grief and loss, military family, etc.)
- [Addiction, Prevention, & Recovery](#)
- [Mental Health](#) (e.g., counseling, evaluation, partial hospitalization services, psychiatric case management and day treatment, gender identity counseling, etc.)
- [Crisis & Emergency Services](#)
- [Child, Adolescent, & Family Services](#)

DC-Area Crisis Intervention Services – Hospital-based

There are a multitude of inpatient psychiatric care centers in DC.

- [Children's National Medical Center Emergency Psychiatric Evaluations](#)
- [Psychiatric Institute of Washington: Dispersed Emergency Mental Health](#)
- [Sheppard & Enoch Pratt Hospital](#)

DC-Area Crisis Intervention Services – Community-based

- [DC Department of Behavioral Health \(DBH\) Comprehensive Psychiatric Emergency/Program/Mobile Crisis Services](#)
- [Child and Adolescent Mobile Psychiatric Services \(ChAMPS\) of Catholic Charities](#)
- [DC Child and Family Services Agency \(CFSA\) Mobile Crisis Stabilization Services](#)

DC Access Help Line
(888) 7WE-HELP or
(888) 793-4357

DC-Area Psychiatric Day Treatment & Psychiatric Disorders Counseling

- [Psychiatric Institute of Washington: Child and Teen Inpatient Psychiatric Care](#)
- [Hillcrest Children's Center: Outpatient Psychiatric Care](#)
- [Children's National Health System: Psychiatry & Behavioral Sciences](#)
- [Children's National Health System: Psychology & Behavioral Health](#)
- [MedStar Georgetown University Hospital: Psychiatry Department](#)
- [DC DBH: Child Psychiatric Practice Group](#)

Child, Adolescent, & Family Services – Adolescent/Youth Counseling

Counseling is offered in a variety of settings to meet a range of student needs.

- [DC DBH: School Behavioral Health Program](#)
- [Community Connections](#)
- [Calvert Hospital](#)
- [Mary's Center: Mental Health Department](#)
- [Episcopal Center for Children](#)

Child, Adolescent, & Family Services – Family Support Centers & Parent Education

Counseling is also offered in a variety of settings to meet the needs of parents and families.

- [DC Department of Human Services \(DHS\): Strong Families Program](#)
- [DC Child and Family Services Agency: Family Preservation Program](#)
- [Kennedy Institute](#)
- [St. John's Community Services](#)
- [Perry School Community Services Center: Social Services](#)

Child, Adolescent, & Family Services – Transition Age Youth

- [Latin American Youth Center: Transition Living Program](#)
- [Sasha Bruce Youthwork: Safe Place Hotline](#)

DHS: Parent and Adolescent Support Intensive Case Management (PASS ICM)

Parent and Adolescent Support Services (PASS) Intensive Case Management (ICM) program assists youth, 10 to 17 years old, who are engaging in behaviors such as skipping school (truancy), leaving home without permission, not returning home by curfew, and/or exhibiting extreme disobedience in and/or outside the home. PASS ICM provides early intervention services to the youth and families it serves with the ultimate goal of keeping youth out of the juvenile justice and/or child welfare systems by reducing or eliminating these behaviors.

DHS: Functional Family Therapy (FFT)

Functional Family Therapy (FFT) is an intensive, short-term therapeutic model that offers in-home family counseling designed specifically to address the referring behaviors (i.e., curfew violations, running away, and truancy) and juvenile delinquency from a relational, family-based perspective and improve family relationships.

DHS: PASS Crisis and Stabilization Team (PCAST)

PASS Crisis and Stabilization Team (PCAST) accepts referrals from the community and provides crisis assessment, intervention, and stabilization services to youth between the ages of 11-17, as well as to their families who are in crisis. Services provided include outreach, advocacy, and service coordination to facilitate family preservation/reunification while engaging community resources. In addition, PCAST works to improve and/or enhance coping skills to empower youth and families to achieve stability. The staff is highly trained in de-escalation and stabilization techniques as well as experienced with navigating the complex behavioral health system in the District.

DC Department of Human Services (DHS)

Family Violence Prevention Program (FVPP) is an initiative that supports the establishment, maintenance, and expansion of programs and projects to prevent incidents of family violence and includes the following services:

- Emergency shelter
- Case management
- Counseling/Advocacy
- Outreach/Education
- Individual and group therapy, and support groups

A list of DHS providers can be found [here](#).

Behavioral Health Resource Directory

The [Behavioral Health Resource Directory](#) is an online resource directory of mental health and substance use services and resources through which the user will find mental health and substance use disorder services for all ages, and specific services and information for children, youth and families, as well as a myriad of additional resources to foster self-reliance and recovery.

District of Columbia Government & Other Child, Youth, & Family Serving Agencies

- [Child and Family Services Agency \(CFSA\)](#)
- [Department of Behavioral Health \(DBH\)](#)
- [Department of Corrections \(DOC\)](#)
- [Department on Disability Services \(DDS\)](#)
- [Department of Employment Services \(DOES\)](#)
- [Department of Health \(DOH\)](#)
- [Department of Human Services \(DHS\)](#)
- [Department of Parks and Recreation \(DPR\)](#)
- [Department of Youth Rehabilitation Services \(DYRS\)](#)
- [Office of Disability Rights \(ODR\)](#)
- [Public Charter School Board](#)

DC School Behavioral Health Community of Practice

DC School Behavioral Health Community of Practice (CoP) supports the District's phased expansion of school-based behavioral health services in the District's public and public charter schools and conducts school-based activities and services designed to promote healthy development and wellbeing for all students and their families.

The DC CoP provides a learning community for school professionals, community leaders, and clinicians from participating Community Based Organizations (CBOs) and convenes regular meetings to build knowledge, support implementation of best practices in school behavioral health, and solve problems of practice.



LEA Recovery Resources

Poll Question 4

Have you worked with your students' LEAs to put into place additional pandemic-specific recovery resources?

- a. Yes
- b. No

Objectives

Participants will:

Learn about LEA-based COVID-19
recovery behavioral support resources for students
to access at school, at home, and in the community

LEA Continuous Education Plans (CEPs) & Health and Safety Plans

[Guiding Principles for Continuous Education 2021-22](#)

School Year 2021-22 Continuous Education Plans (CEPs)

Approved local education agency (LEA) Continuous Education Plans (CEPs) for the 2021-22 school year can be found below. All LEAs were required to submit plans describing how they will support safe reopening, student and staff well-being, and accelerated learning for all students, as well as for offering distance learning under limited circumstances, including for students with medical certifications. Plans will be added as they are approved

Health and Safety Plans

The Health and Safety Plans available on this page reflect the versions submitted to OSSE as of July 30, 2021. Schools and LEAs should continue to revisit or revise their Health and Safety Plans as guidance from the Centers for Disease Control and Prevention (CDC), DC Health and OSSE continues to evolve. Schools and LEAs should continue to make the latest version of their Health and Safety Plans available to the public. For the latest versions of Health and Safety Plans, please contact the respective school or LEA directly.

LEA COVID-19 Recovery Resources: LEA 1

- [Friendship Public Charter School](#)



Group Share Out

Poll Question 5

Have you seen an increase in the emotional, behavioral or psychiatric needs in your students since the start of the school year?

- a. Yes
- b. No

Objectives

Participants will:

Discuss and share out current practices to support students' mental health needs

Group Share Out

Please share with the group some of your school's current practices in supporting students' mental health/psychiatric needs. Be sure to include any activities that involve providing or arranging for supports in the student's community.

Group Share Out

Please share with the group 1-2 practices that your school uses to support students' mental health/psychiatric concerns.

Questions for additional consideration:

- What practices did you learn from your colleagues that you may look to incorporate into your school's portfolio of supports?
- From what we have covered here today, what mental health/psychiatric DC-community supports could you see your students' benefitting from to augment your in-school supports?



Wrap Up and Q&A

Contact Information

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