



Office of the State Superintendent of Education

SCHOOL HEALTH PROFILE FORM

Section 1: School Profile

Type of School: Public Charter School

LEA Name: Mary McLeod Bethune PCS

School Name: Mary McLeod Bethune PCS

Street Address 1404 Jackson Street NE Washington, DC 20772

Does your school currently have a website? Yes

If yes, what is your school's website address? www.mmbethune.org

Current number of students enrolled: 321

Grades Served (select all that apply)

- | | | | | |
|--|---------------------------------------|---------------------------------------|--------------------------------|--------------------------------|
| ☒ PS | ☒ 2 | ☒ 6 | ☐ 10 | |
| ☒ PK | ☒ 3 | ☒ 7 | ☐ 11 | |
| ☒ K | ☒ 4 | ☒ 8 | ☐ 12 | |
| ☒ 1 | ☒ 5 | ☐ 9 | ☐ Adult | ☐ Other |

Contact Name: Jubria A. Lewis

Contact Job Title Principal

Contact Email: j.lewis@mmbethune.org

What type of nurse coverage does your school have?

No Coverage

How many school nurses are available at your school?

Name of School Nurse 1:

School Nurse 1 Phone

School Nurse 1 E-mail:

Suite/Room Location:

School Nurse 1 Credentials:

Name of School Nurse 2:

School Nurse 2 Phone

School Nurse 2 E-mail:

Suite/Room Location:

School Nurse 2 Credentials:

Does your school currently have a school-based health center?

No

Does your school currently have a School Mental Health Program or similar services on site for students?

Yes

What type of mental health clinician coverage does your school have?

Full Time

How many mental health clinicians are available at your school?

None

Are any students required to take health education at your school?	Yes				
How many health education teachers does your school currently have on staff?	One				
Does your school currently have at least one certified or highly qualified health teacher on staff?	Yes				
Does one (or more) health education instructor also serve as physical education instructor?	Yes				
Name of Health Ed Instructor 1: James Thomas Health Ed Instructor 1 Phone (202) 459-4710 Health Ed Instructor 1 E-mail j.thomas@mmbethune.org					
Did this health education instructor have a concentration in health OR physical education in college?	Yes				
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications) First Aid, CPR, Massage Therapy, Personal Physical Training					
Name of Health Ed Instructor 2: Health Ed Instructor 2 Phone Health Ed Instructor 2 Phone 					
Did this health education instructor have a concentration in health OR physical education in college?					
Please list any Health Education Certification or training received by this Health Education Instructor (i.e. Masters, CHES, other health certifications) 					
For each grade in your school, please indicate the average number of minutes per week during the regular instructional school week that students receive health education instruction.					
PS	150	Minutes/Week	Grade 7	150	Minutes/Week
PK	150	Minutes/Week	Grade 8	150	Minutes/Week
K	150	Minutes/Week	Grade 9		Minutes/Week
Grade 1	150	Minutes/Week	Grade 10		Minutes/Week
Grade 2	150	Minutes/Week	Grade 11		Minutes/Week
Grade 3	150	Minutes/Week	Grade 12		Minutes/Week
Grade 4	150	Minutes/Week	Adult		Minutes/Week
Grade 5	150	Minutes/Week	Other		Minutes/Week
How is health education instruction provided (select all that apply): ☒ Health education course ☐ Incorporated into another course ☒ Assemblies or presentations ☐ Other (please specify): ☐ No health education is provided					
Is the health education instruction based on the OSSE's health education standards? Yes					
Which health education curriculum (or curricula) is your school currently using for instruction? The Keren Emrich Foundation DBA					
Does your school partner with any outside programs or organizations to satisfy the health education requirements? Yes					
If yes, what programs or organizations does your school use? DC Department of Health, Grassroots					

Are any students required to take physical education at your school?			Yes																																																																																																														
How many physical education teachers does your school have on staff?			One																																																																																																														
Name of Phys. Ed. Instructor 1		Phys. Ed. Instructor 1 Phone		Phys. Ed. Instructor 1 E-mail																																																																																																													
James Thomas		(202) 459-4710		j.thomas@mmbethune.org																																																																																																													
Did this physical education instructor have a concentration in physical education in college?			Yes																																																																																																														
Please list any physical education certifications or training received by this physical education instructor.			Personal trainer, massage therapist, recreational therapy																																																																																																														
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Is the physical education instruction based on the OSSE's physical education standards?			Yes																																																																																																														
Which physical education curriculum (or curricula) is your school currently using for instruction?			American Cancer Society																																																																																																														
Does your school use a physical education or fitness assessment tool?			Yes																																																																																																														
If yes, what is the name of the tool? (e.g. FitnessGrams, President's Physical Fitness Test, etc.)			President's Physical Fitness Test																																																																																																														
Does your school partner with any outside programs or organizations to satisfy the physical education or physical activity requirements?*			No																																																																																																														
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What strategies does your school use, during or outside of regular school hours, to promote physical activity? (select all that apply) <table style="width: 100%;"> <tr> <td>☒ Active Recess</td> <td>☒ Movement in the Classroom</td> <td>☐ Walk or Bike to School</td> </tr> <tr> <td>☒ After-School Activities</td> <td>☒ Athletic Programs</td> <td>☐ Safe Routes to School</td> </tr> <tr> <td>☐ None</td> <td>☐ Other (please specify): no</td> <td></td> </tr> </table>						☒ Active Recess	☒ Movement in the Classroom	☐ Walk or Bike to School	☒ After-School Activities	☒ Athletic Programs	☐ Safe Routes to School	☐ None	☐ Other (please specify): no																																																																																																				
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Name of Food Service Vendor In-house preparation

What types of nutrition education services does your school provide? (select all that apply)

- ☐ None
 ☒ Multimedia
☐ Vendor-provided nutrition education
 ☒ Posters
☐ Meal time presentations
 ☒ Classroom Instruction
☒ Outside speakers
 ☐ Handouts/brochures
☐ Other (please specify):

Please indicate the number of students that qualify for the following:

Free Meals 259 Reduced Price Meals 18 Full Price Meals 23

Does your school offer breakfast to all students?* Yes

If yes, where is breakfast offered (select all that apply):

- ☒ Classroom
 ☒ Cafeteria
 ☐ Grab and Go cart
 ☐ Other (please specify):

For November 2011, please indicate the average daily participation (number of students) for the following meals:

Breakfast - Free Meals	300	Lunch - Free Meals	259
Breakfast - Reduced Price Meals	0	Lunch - Reduced Price Meals	18
Breakfast - Full Price Meals	0	Lunch - Full Price Meals	23

Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch menu criteria, if so please specify if you serve the following:

- | | |
|---|-----|
| A different vegetable each day of the week? | Yes |
| A dark green and/or orange vegetables at least three times a week? | Yes |
| Cooked dry beans or peas at least once a week? | Yes |
| A different fruit every day of the week? | Yes |
| Fresh fruit twice a week? | Yes |
| Whole grains at least once a day? | Yes |
| Milk each day? : | Yes |
| ☒ Low-fat (1%) flavored milk
☒ Low-fat (1%) unflavored milk
☒ Fat-free (skim) flavored milk
☒ Fat-free (skim) unflavored milk
☐ Soy milk
☐ Lactose-free milk
☐ Other (please specify): | |

Is water available to students during meal times? Yes

If yes, is it available via (check all that apply):

- ☐ Water fountain in the cafeteria
 ☒ Water fountain in another location
☐ Water pitcher and cups
 ☒ Students bring water
☐ Other (please specify):

Does your school participate in the Afterschool Snack Program?

No

If yes, please indicate the average daily participation for November 2011.

Does your school participate in the Afterschool Supper Program?

No

If yes, please indicate the average daily participation for November 2011.

Does your school participate in the Fresh Fruit and Vegetable Snack Program?*

No

Does your school participate in the DC Free Summer Meals Program?

Yes

If yes, please indicate the average daily participation for each of the following meals for the summer of 2011:

Breakfast:

yes

Lunch:

yes

Supper:

no

Snack:

no

Does your school serve locally grown and/or locally processed and unprocessed foods at meal times from growers engaged in sustainable agricultural practices?

No

If yes, how often?

☐ Once or twice per day☐ Three or four times per week☐ Once or twice per week☐ Once or twice per month☐ Other (please specify)

On average, how many school meals include a locally-grown produce item?*

☐ Every day☐ Three or four times per week☐ One or two times per week☐ One or two times per month☐ Other (please specify):

On average, how many meals include a sustainably-grown produce item?*

☐ Every day☐ Three or four times per week☐ One or two times per week☐ One or two times per month☐ Other (please specify):

Has your LEA's local wellness policy been submitted to OSSE for review?

Yes

Has your LEA's local wellness policy been distributed to your school's foodservice staff members?

Yes

Has your LEA's local wellness policy been distributed to your school's parent/teacher organization (PTO)?

Yes

Please indicate which of the following is covered by your LEA's local wellness policy (check all that apply):

- ☒ goals for nutrition education, physical activity, and other school-based activities
- ☒ nutritional guidelines for all competitive foods served and sold on campus during the school day
- ☒ guidelines for school meals, that are not less restrictive than those set at the federal level
- ☒ plan for measuring implementation of the local wellness policy
- ☒ goals to improve the environmental sustainability of schools
- ☐ none of these is covered in our LEA's local wellness policy

Who at your school is responsible for implementing your LEA's local wellness policy?

Administration, food staff and instructional staff

Does your school have vending machines?

No

If yes, are these vending machines available only to faculty and staff members?

If yes, how many vending machines do you have:

If yes, what are the hours of operation of these vending machines?

If yes, what items are sold from these vending machines?

Does your school have a school store?

No

If yes, what are the hours of operation for the school store?

If yes, what food and beverages are sold?

Does your school have a school wellness council?

Yes

Does your school solicit input from students, parents, staff or community members about foods that are offered for meals or snack?

No

If yes, please explain how input is solicited and received.

Is your school in compliance with your LEA's local wellness policy?

Yes

Where are the following items located at your school?*LEA's Local Wellness Policy*☐ This information is not available.☒ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☒ Other (please specify):

Business Office, Principal's office

School Menu for Breakfast and Lunch☐ This information is not available.☒ School Website☒ School Main Office☐ School Cafeteria or Eating Areas☒ Other (please specify):

Early childhood classrooms

Nutritional Content of each Menu Item☒ This information is not available.☐ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☐ Other (please specify):*Ingredients of each Menu Item*☒ This information is not available.☐ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☐ Other (please specify):*Information on where fruits and vegetables served in schools are grown and processed*☒ This information is not available.☐ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☐ Other (please specify):*Information on whether growers are engaged in sustainable agriculture practices*☒ This information is not available.☐ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☐ Other (please specify):*Are students and parents informed about the availability of vegetarian food options at your school?**If yes, where can they find this information?*☐ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☐ Other (please specify):

Milk alternatives are not available

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school?

no

If yes, where can they find these options?☐ School Website☐ School Main Office☐ School Cafeteria or Eating Areas☐ Other (please specify):

no

Does your school currently have a School Garden?

Yes

Name of Garden Contact

Saha Richards

Garden Contact E-mail

s.richards@mmbethune.org

How many students benefited from the school garden during the 2010-2011 school year?

328

How many students have benefited from the school garden thus far during the 2011-2012 school year?

How is your school garden used? (select all that apply)

☐ Outdoor classroom☒ Afterschool club/program☒ Summer enrichment☐ Currently this garden is not used☐ Other (please specify):

Do students eat food from the school garden?

Yes

If yes, please describe the events and/or programs that facilitate this experience. (e.g. ☐ school lunch, snack time, incorporated into lessons, etc.)

Crock pot soup, classroom taste activities, cooking experiences

Please list any outside organizations that you have partnered with in developing your school garden and/or school garden programs.

Washington Youth Garden

Which of the following components are included in your school garden? (select all that apply)

☒ Raised beds for edibles☐ In-ground edibles☒ Native plants☐ Rain garden☐ Community garden plots☐ Compost bin/pile☐ Garden kitchen (outdoor or access to indoor)☐ Greenhouse☐ Tool shed☐ Meeting space for a full class☒ Butterfly/Pollinator Garden☐ Rain Barrel(s)☐ Fruit tree(s)☐ Other (please specify):

Has your school participated in any of the following farm-food education in the past year? (select all that apply)

☐ Our school did not participate in farm-food education☒ Our school did not participate, but would like more information on farm-food education☒ Farm field trips☒ Chef demonstrations☒ Participation in DC Farm to School Week☒ Participation in DC School Garden Week☐ Other (please specify):

Section 9: Posting and Form Availability to Parents

According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".

How will you make this information available to parents?

☐ Online☒ Copies Available at Main Office☐ Other (please specify):

Is your school sharing information about the Healthy Schools Act in any other ways?

Yes

If yes, please explain.

Newsletters, PTO meetings

Submitted Date :

7/6/2012

Submitter's Name :

Linda McKay