DEVELOPING A POSITIVE PERSONAL PROFILE

Opening Doors to Self-Determination, Meaningful Lives, & Employment

CAREER LIFE LINE

Think about a your career experiences and choices

Who made a real difference in your life?

✓ Believed in you

✓ Saw something in you that you may not have seen yet in yourself

✓ Got you to try something you would not have on your own

✓ Stood by you and encouraged you

CAREER LIFE LINE

Think about a your career experiences and choices:

- ✓ First Career Simulation
- ✓ Key Family Event
- ✓ Significant School (pre collegiate) Experience
- ✓ Significant Collegiate Experience
- ✓ Key Entry Level Work Experience
- ✓ First Full-Time Job
- ✓ Midcareer Job
- ✓ Description of your spouse or family
- ✓ Retirement age and a description of your retirement

How did events in your life
impact your career choices?

Do we restrict the career choices
for the youth we support ?

Is this the best career choice as you think
about your skills, strengths, and talents?

WHAT DO WE NOT KNOW?

Requires that:

✓ You get to know people

✓ Identify and highlight when a person is at their best

CAREER LIFE PHASE

✓ Assessment/Exploration (PPP)

✓ Education/Training

✓ Active Job Search

✓ Retention/Advancement/Job Change

✓ Leisure/Recreation/Social

✓ Other (life challenges, crisis, etc.)

Phases change over time!

INDIVIDUALIZED EDUCATION PROGRAM

Develop the plan through:

- ✓ interactions/discussions with the participant/jobseeker
- ✓ acknowledgement of his/her expressed interests
- ✓ information collected during community connections
- ✓ their Positive Personal Profile
- ✓ Person-Centered Thinking tools and other assessments

The plan should be reviewed and updated as often as necessary.

DON'T FORGET

EXPOSURE

PRECEDES

INTEREST

MAKING CONNECTIONS AND OPENING DOORS

✓ Believe in the person
✓ Focus on skills – not deficits
✓ There are no prerequisites
✓ Everyone is "job ready" and/or ready to explore
✓ Look for "rays of light"
✓ What does the best day look like
✓ Look for what an employer or friend or colleague with value about this person

Adapted from Connecting Youth with Employers - Add Us In Maryland