

Healthy Youth and Schools Commission (HYSC) Meeting
Wednesday, November 5, 2014
3:00 – 5:00 pm
Minutes

Commissioners in attendance: Alex Ashbrook (Chair), Audrey Williams, Diana Bruce, Cara Biddle, Kellye McKenzie, Charneta Scott, Lauren Biel

Commissioners not in attendance: Simone Banks-Mackey

Others in attendance: Beth Gingold (DGS), Melissa Roark (DCHS), Nancy Katz (OSSE), Grace Friedberger (OSSE), Micahel Musante (FOCUS), Katie Lantuh (OSSE), Valentine Breitbarth (DCPS), Laura Hansen (OSSE), Joni Eisenberg (DOH/CHA), Michele Mietus-Snyder (Children's National)

- I. Welcome and Introductions.
 1. Announcements.
 - i. A new Commissioner has been appointed- welcome, Kelly McKenzie!
 - ii. Additional Commissioners will be appointed in the coming months.
 - iii. There is space for a student representative on the Commission.
 2. Review of Commission Role and Mission.
 - i. Do we have the right people in the room?
 - ii. Report due November 30, 2014.
 1. Is the Healthy Youth and Schools Report being read? By whom?
 2. Would it be more effective to highlight the other monitoring tools currently being used than to write a lengthy report?
 - a. Highlight successes
 - b. Flag opportunities
 - c. Make points succinctly more in an executive summary format
 3. How can communication about the report be improved?
 - a. Discuss communication plan with Office of Boards and Commissions
 - b. Brown bag with Council
 - c. Talking points to Council and Mayor
 4. General report feedback.
 - a. The report helps with redefining the purpose of the Commission and developing future goals.
 - b. It may be helpful to create a questionnaire to distribute with report to gather report feedback.
 3. Overview of Compliance with the Healthy Schools Act Reporting and Public Discourse Requirements, SY 2013-2014.
 - i. School Health Profiles—98% compliance.
 - ii. Environmental Literacy Plan- Grant supported the creation of an Environmental Literacy Framework (ELF) and the creation of a Model School in each ward that

is implementing the ELF. OSSE is hiring an Environmental Literacy Specialist to help with expanding the framework. The funding is from Sustainable DC.

- iii. Farm to School and School Gardens Report – submitted.
- iv. PE and Health- pending approval at OSSE.
- v. Healthy Youth and Schools Commission Report—due November 30th.
- vi. Comprehensive Food Service Report (required every year) – DCPS submitted the first report but hasn't submitted another report. The last report suggests that more research is required. DCPS will read the DGS report and think about next steps.
- vii. School Health Center Plan- DOH is still working on it. A mobile clinic is being considered.
 - 1. HYSC needs a DOH Commissioner
- viii. Sustainable Meal Serving Products Plan – Liz Leach will send DCPS language to Alex. DGS focuses mainly on DCPS schools. It may be helpful to start the conversations with the vendors (RevFoods) about environmentally friendly practices in PCS. It may also be helpful to look at school contracts.
- ix. Environmental Programs Report – An environment sub group of the HYSC is meeting on 11/6/14 to discuss HSA requirements. The recycling plan was put into practice, however, the report was not written.
- x. Wellness Policy – OSSE has all the local wellness policies.
- xi. Daily Menu, Nutritional Content and Ingredients of Each Menu Item, and Origin of Produce – 100% of schools make this information available.

II. PE Minutes Report.

- 1. Summary of findings from Katie Lantuh (OSSE) on PE best practices and barriers to meeting PE requirements from 10 DCPS and PCS schools.
 - i. Recess is being taken away from students. It may be more manageable to focus on increasing awareness about recess than enforcing PE minutes.
- 2. Alex is going to look into having a forum with Mary Cheh about the PE minutes.
- 3. Ongoing conversation about PE vs. PA – may be helpful to pull together a panel of experts for a discussion.

III. Discussion of Proposed Structure of Commission Report led by Commissioners.

- 1. Send drafts to Nancy by 11/14.
- 2. Reports may include appendices or websites.
- 3. Vote on report by email.
- 4. 5 sections:
 - i. Nutrition – Diana
 - ii. Farm to School – Lauren
 - iii. Physical and Health Education – Alex, Kellye, Katie
 - iv. Environment – Lauren
 - v. Health and Wellness – Cara, Charnetta, Valentine

Meeting Concluded at 4:59pm.