

Healthy Youth and Schools Commission Meeting

July 31, 2013, 4:00 pm-6:00 pm

Minutes

Commissioners in attendance: Alex Ashbrook, Cara Biddle, Diana Bruce, Shawanda Davis, Alexandra Lewin-Zwerdling (call-in), Amy Nakamoto, Sandra Schlicker, Charneta C. Scott

Commissioners not in attendance: Jenny Backus, Naomi Deveau, Lauren Schweder-Biel

Others in attendance: Kafui Doe (OSSE), Joni Eisenberg (DOH), Richard Fowler (PCSB), Grace Friedberger (OSSE), Heather Holaday (DCPS), Nichelle Johnson (OSSE), Nancy Brenowitz Katz (OSSE), Ivy Ken (GWU), Andy Laine (CM Cheh), Michele Mietus-Snyder (CNMC), Brittany Oberdorff (OSSE), Julie Ost (OSSE), Michael Posey (DCPS), Ariana Quinones (DMHHS), Margarita Ramos (GWU SOM), Kay-Anne Spence (CNMC), Erica Steinhart (OSSE), Jonathan Tatum (KiPOW)

Vote to approve the minutes from last meeting: Passed

1) Subcommittee Reports

Physical Activity (Chair, Amy Nakamoto)

- The subcommission is still figuring out how to make concrete recommendations, to whom, and in what manner they would be best received by that person
- Needs are: 1) increasing physical education minutes per day to meet the requirements of the Act and 2) increasing the PE personnel to meet these requirements
- If some schools are meeting the requirements it is possible so how are they doing it?
- IOM published a summary of recent research about academic achievement and PE correlation in a positive way, this should be shared with schools
- PE vs. PA
 - Act compliance is minutes per week of PE, not PA.
 - Perhaps HYSC can work on promoting 60 min PA/day which is a goal of the Act
- What to do in SY14-15 if schools are not in compliance with increased requirements?

ACTION STEP: PE subcommission will draft a letter to Council & Mayor regarding possible unachievable SY 14-15 PE goals and issues with meeting Health Education requirements; will also draft letter to go with release of IOM report to Principals (VOTE – 7 yes, passed)

Health (Chair, Cara Biddle)

- TB test availability
 - Testing for children clarified to only those at risk and schools and child care facilities notified
 - Does this apply to adults who come into volunteer in schools?
- Universal health forms
 - Schools have completed forms for 29% of students.
 - Goal to have an electronic system for student records
- Immunization registry
 - Registry is very behind right now because of the different interfaces from the three main providers (Childrens, Mary's Center, United). The registry is run through DOH – the contractor left so that's where the problem lies.
- Mental Health
 - Expanding into more schools (none selected yet), significant increases in funding
- Health Education
 - For purposes of the Act, does Health Ed need to be taught as part of the school day or will after school programs count?

ACTION STEP: Cara will put together a quick letter about the importance of these issues and the challenges in terms of the Universal Health Forms, Commission will get it to Council. (VOTE: 7 yes, passed)

Evaluation (Chair, Alex Ashbrook?)

- YRBS
 - Data can be aligned with HSA and YRBS and reports will be created to highlight this data
 - Examples: BMI (high school only), # F/V eaten
 - Data is self reported.
- Philadelphia Public Schools Study
 - All students in Philadelphia Public Schools have their BMI recorded pursuant to PA law
 - Obesity rates went down with the increase in healthy environment standards and the researchers said there could be a potential relationship.
 - They recommended other forms of evaluation such as qualitative studies and plate waste studies
- DC Data
 - BMIs are not regularly collected on students
 - DOH BMI data on 2nd, 4th and 6th graders is incomplete and not representative of the population
 - DCPS has FitnessGram data
 - AU still working on composite scores, OSSE will continue to assist them and investigate other evaluation tools

Communications (Chair, Alex Ashbrook?)

- Currently working on HSA Tip of the Month, #5
- Infographic being printed – banners, posters, flyers
- HSA Art & Essay Contest
 - Students can submit art, essay, photograph, video, etc
 - Prizes can include stipend for school, plaque, gift cards, winners displayed in Wilson Building

ACTION STEP: Finalize the contest rules and flyer to disseminate to principals (VOTE: 7 yes –passed)

2) Other Activities

- Mapping project ongoing
- Breakfast for community based organizations working with schools on 8/15
- OSSE completed annual Farm to School and School Garden Report
- Healthy Tots Act introduced in Council

Next Meeting: Wednesday September 25th, 4 pm – 6pm.