

**Healthy Youth and Schools Commission Meeting**  
**Wednesday, January 15<sup>th</sup>, 2014**  
**4:00 pm – 6:00 pm**  
**Minutes**

**FINAL**

**Commissioners in attendance:** Lauren Shweder Biel, Sandy Schlicker, Cara Biddle, Alex Ashbrook, Charneta Scott, Diana Bruce, Audrey Williams

**Commissioners not in attendance:** Alex Lewin-Zwerdling, Jenny Backus, Amy Nakamoto, Simone Banks-Mackey

**Others in attendance:** Alyia Smith-Parker (DC Hunger Solutions), Nancy Katz (OSSE), Joni Eisenberg (DOH), Heather Holaday (DCPS), Ivy Ken (GWU), Michael Posey (DCPS), Chaquita Darby (PlayWorks), Erica Steinhart (OSSE), Grace Friedberger (OSSE), Chidimma Acholonu (Alliance for HG), Melissa Roark (DC Hunger Solutions), Miles Sandler (DC Promise Neighborhood), Kafui Doe (OSSE), Jason Brown (DOH), Honor Williams (GWU), Georgette Blake (DCPS), Emmy Stup (Metro Teen Aids), Michael Musante (FOCUS), Katie Lantuh (OSSE), Erin Watts (AU), Carly Braxton (Shape America)

- I. Update on Annual Report
  1. The Annual Report was successfully completed and sets forth goals for the year. It is available on the OSSE website at <http://osse.dc.gov/service/healthy-youth-and-schools-commission-hysc>.
- II. Subcommittee Recap 2013/ Plans for 2014
  1. Physical Education
    - a. Recap:
      - i. The Commission suggests that the Mayor convene a Task Force of decision makers and recommends a public hearing by June 15<sup>th</sup>.
    - b. Plans for 2014:
      - i. Research what other jurisdictions are doing in regards to PE minutes.
      - ii. Improve communication to administrators on the importance of PE on academic performance.
        - Feature PE as a HSA tip and develop a separate communication piece that highlights PE separate from the HSA tips.
  2. Evaluation of the Act
    - a. Recap:
      - i. American University (supported by Kaiser) has been evaluating the Act for the past 2 years and will hold conference on Monday, February 24th.
    - b. Plans for 2014:
      - i. Collect baseline data from schools that are not meeting the components of the Healthy Schools Act.
      - ii. OSSE currently researching successful healthy schools programs across the country in similar school districts/states to develop model program.
      - iii. DOH is working on obtaining BMI and other chronic disease data from Primary Care Physicians.
      - iv. Fact sheets of the HSA are being developed to report out data.
      - v. SHPs currently being collected, deadline 2/15.
  3. Communications and Promotions
    - a. Recap:
      - i. HSA Infographic developed and used for outreach materials including fliers, posters, and banners; was on bus stops in August.

- ii. Commission held HSA Art and Essay Contest.
    - iii. HSA Materials given out at DC Education Festival.
    - iv. Healthy Schools Act Tips ongoing.
    - v. Two trainings held for community partners.
  - b. Plans for 2014:
    - i. Plan to have infographic on bus stops again.
    - ii. Opening each meeting with some data on the HSA.
    - iii. Share HSA Tips with parents.
- 4. Other Matters
  - a. The Commission is looking for additional Commissioners, send resumes to Alex Ashbrook ([aashbrook@frac.org](mailto:aashbrook@frac.org)) or Nancy Katz (<mailto:nancy.katz@dc.gov>).
  - b. DCPS is running a Bullying Prevention Art Contest through 2/21, winning slogan and artwork to be used in all bullying prevention materials. Winner gets \$200 for art supplies! Go to [www.dcps.dc.gov](http://www.dcps.dc.gov).
  - c. 2<sup>nd</sup> annual Leading with Pride GSA Conference, March 11<sup>th</sup>, 11:00 am – 6:30 pm at School Without Walls. To register go to <http://leadingwithpride.wordpress.com/attend/>.
  - d. DC PAY grant goes online on 2/7.
  - e. CDC Grant to DOH/OSSE-- 30 schools have been identified; PA curricular review is nearly complete.
  - f. Meeting mental health needs is gaining some traction! A full time mental health professional has been hired to support pediatricians, who can call into to get support.

Meeting Concluded at 5:45pm

**Next Meeting: Wednesday, April 2<sup>nd</sup>, 4:00-6:00 pm, 810 1<sup>st</sup> Street, NE, Room 806 A/B**